

Research Report
(April 2025 – March 2026)
Focus Area: Indian Culture
Institute: BHĀRATSHAKTI

Report prepared by: Dr. Beloo Mehra

July 2026

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INTRODUCTION

BhāratShakti is a vertical/department of Sri Aurobindo Society dedicated to study, research and programme development in the area of Indian Culture in the light of Sri Aurobindo's vision for India and her work for the future of humanity. We find inspiration for our name and focus of work in the following words of Sri Aurobindo.

"Each nation is a Shakti or power of the evolving spirit in humanity and lives by the principle which it embodies. India is the Bhārata Shakti, the living energy of a great spiritual conception, and fidelity to it is the very principle of her existence. For by its virtue alone she has been one of the immortal nations; this alone has been the secret of her amazing persistence and perpetual force of survival and revival." (Sri Aurobindo, CWSA, Vol. 20, p. 57)

VISION AND MISSION

Vision

- Rediscovery of the immortal Bhārata Shakti, the living energy, the force that is behind India's persistence, survival and revival, which will lead her towards a new future, a renaissance that is true to her spirit, to her *svadharma* and *svabhāva*.
- Dynamic application of the inner genius of India, her spirituality, to life and all its activities necessary for the building of a new India.

Mission

ABOUT BHĀRATSHAKTI WORKS

"It is more important that the thought of India should come out of the philosophical school and renew its contact with life, and the spiritual life of India issue out of the cave and the temple and, adapting itself to new forms, lay its hand upon the world".

~ Sri Aurobindo, Extract from an interview given to a correspondent of *The Hindu*

Guided by this new direction Sri Aurobindo has given for a true Indian renaissance, we have embarked on a mission:

- To facilitate a deeper appreciation and understanding of Sri Aurobindo's vision of India's destined work for the future of humanity
- To design and curate inspiring educational programmes that emphasize the dynamic application of spirituality to life and all its activities necessary for the building of a new India
- To create, curate and disseminate inspiring and research-based content related to what Sri Aurobindo speaks of as soul, mind and body of India's rich and diverse culture
- To evoke among the young and young-at-heart a great love for India, pride in India's heritage and an aspiration and will to create an even greater future

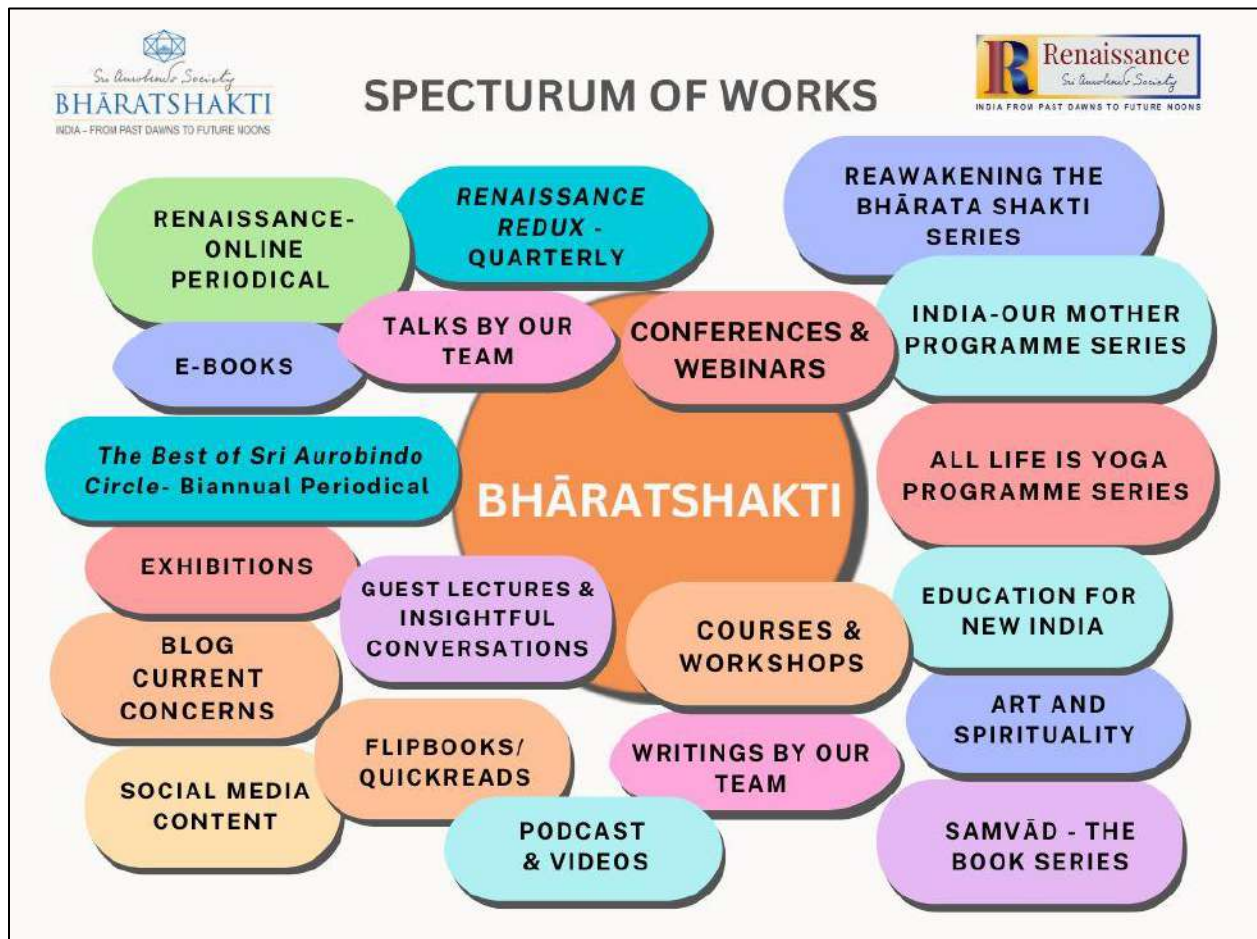
To know more, explore our website – <https://bharatshakti.aurosociety.org/>

SECTION 1: MOST SIGNIFICANT ACTIVITIES (HIGHLIGHTS)

SPECTRUM OF WORKS CONDUCTED BY BHĀRATSHAKTI

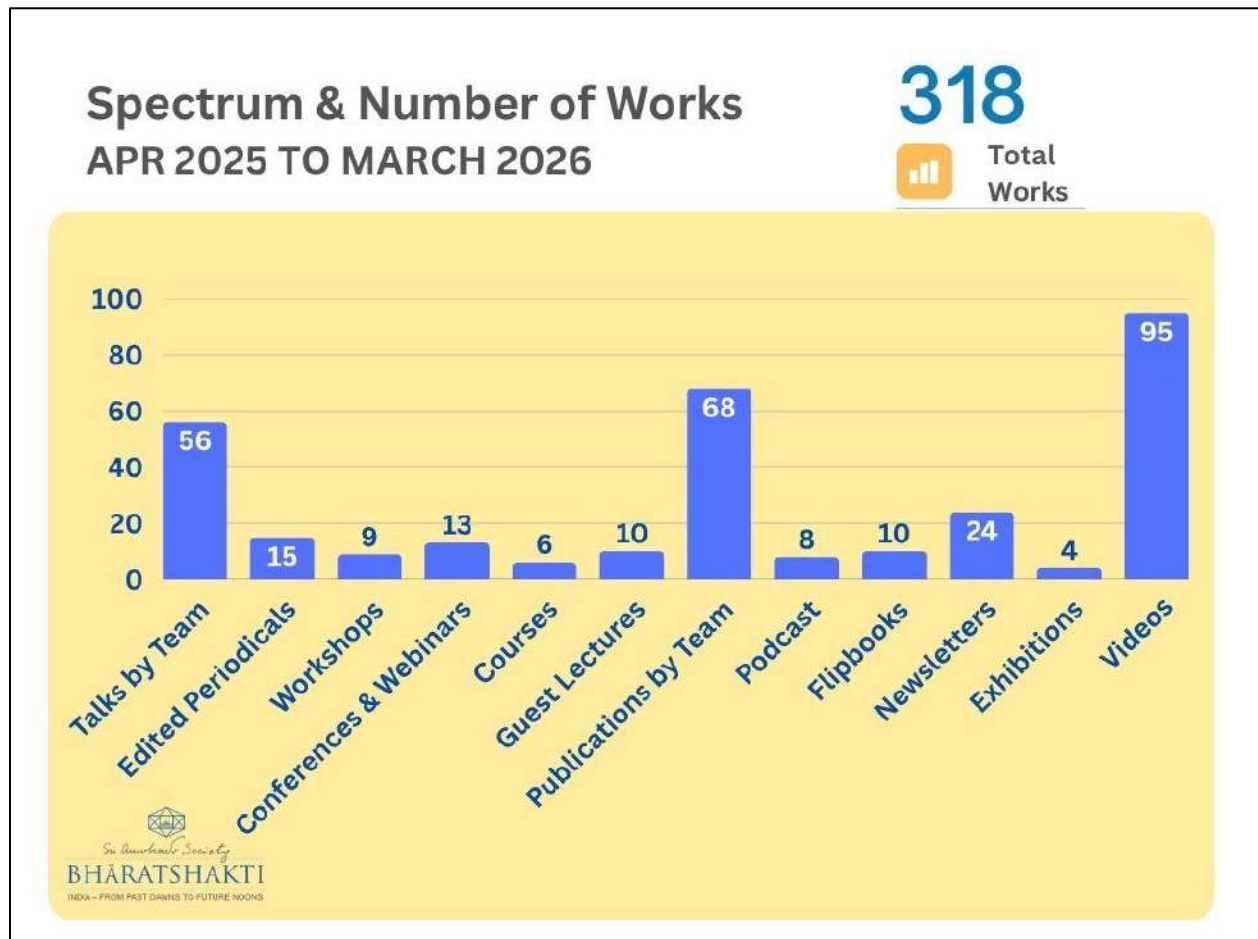
April 2025-March 2026

TOTAL ACTIVITIES = 318



KEY PROJECT CATEGORIES

- Re-awakening the Bhārata Shakti
- India, Our Mother
- All Life is Yoga
- Education for New India
- Art and Spirituality
- Current Concerns
- Samvād - The Book Series



TOTAL NUMBER OF ACTIVITIES = 318

- Periodicals Edited and Published by BhāratShakti = 15
- 4-day International Academic Conference = 1
- National Webinars Organised by BhāratShakti = 12
- Workshops for Teachers, Aspirants & Youth (Including 4 Multi-day Workshops) = 9
- Exhibitions Researched and Curated for Display Across India = 4
- Courses Developed and Conducted = 6 (including 2 for Govt. of India Programme)
- Memorial Lectures and Invited Talks Delivered by BhāratShakti = 56
- Publications by BhāratShakti in National Periodicals and Other Platforms = 68
- Podcasts = 9
- Videos Released = 95
- Flipbooks Curated and Published = 10
- Newsletters Designed and Published = 24
- Guest Lectures Organised = 10

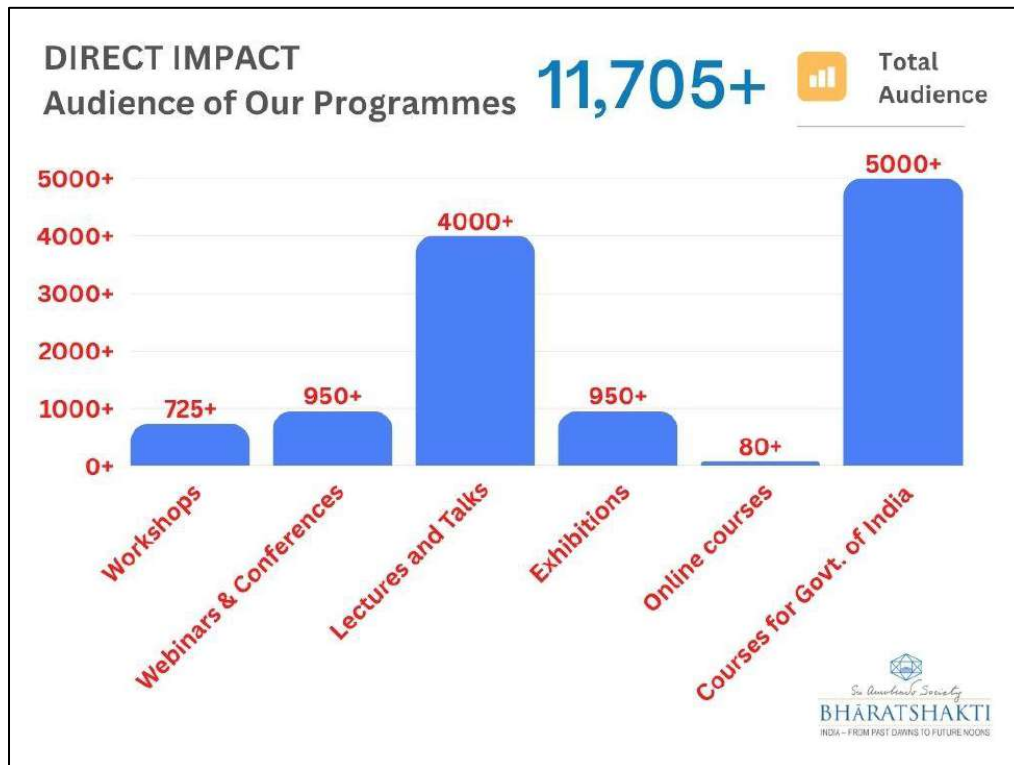
DIRECT REACH OF BHĀRATSHAKTI'S WORKS

AUDIENCE OF OUR EDUCATIONAL PROGRAMMES AND PUBLICATIONS (April 2025-March 2026)

Reach of Educational Programmes = 11, 705+

- Workshops Organised and Conducted by BhāratShakti = 725+
- Webinars & Conferences Organised by BhāratShakti = 950+
- Lectures and Talks by BhāratShakti Team = 4000+

- BhāratShakti Exhibitions = 950+
- Online courses = 80+
- Courses for Govt of India Programme = 5000+



Reach of Online Periodicals = 1,00,000+

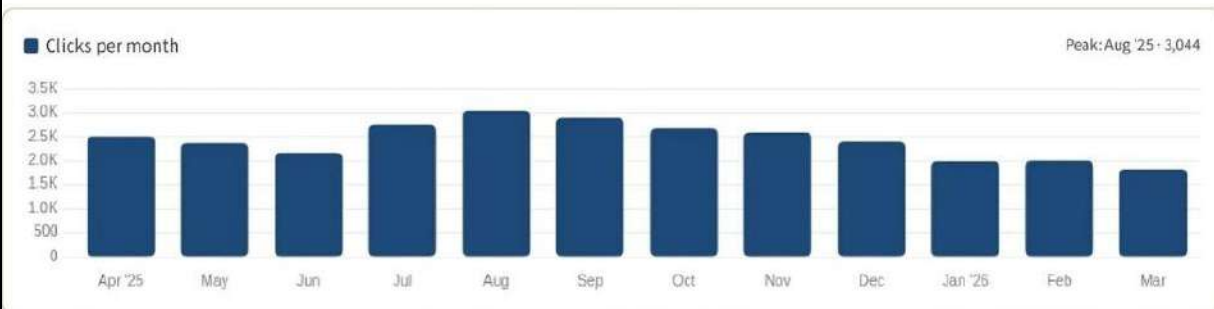
- **2,400+ average reach per month, organic reach with no paid promotion**

***Renaissance Journal* - Number of visits April 2025 - March 2026**

1,00,000+ readers

**2,400+ every month from
Google search alone**

Peak: Aug 25 - 3,044 clicks



renaissance.aurosociety.org

MAJOR PROJECT I:

PUBLISHING THREE ONLINE PERIODICALS INDIA'S REBIRTH THROUGH INTEGRAL YOGA

- **Renaissance Monthly (9 ISSUES, including 3 double issues)**

<https://renaissance.aurosociety.org/>

- **Renaissance Redux Quarterly (4 ISSUES)**

<https://renaissance.aurosociety.org/renaissance-redux/>

- **The Best of Sri Aurobindo Circle – Semi-annually (2 ISSUES)**

<https://bharatshakti.aurosociety.org/the-best-of-sri-aurobindo-circle/>

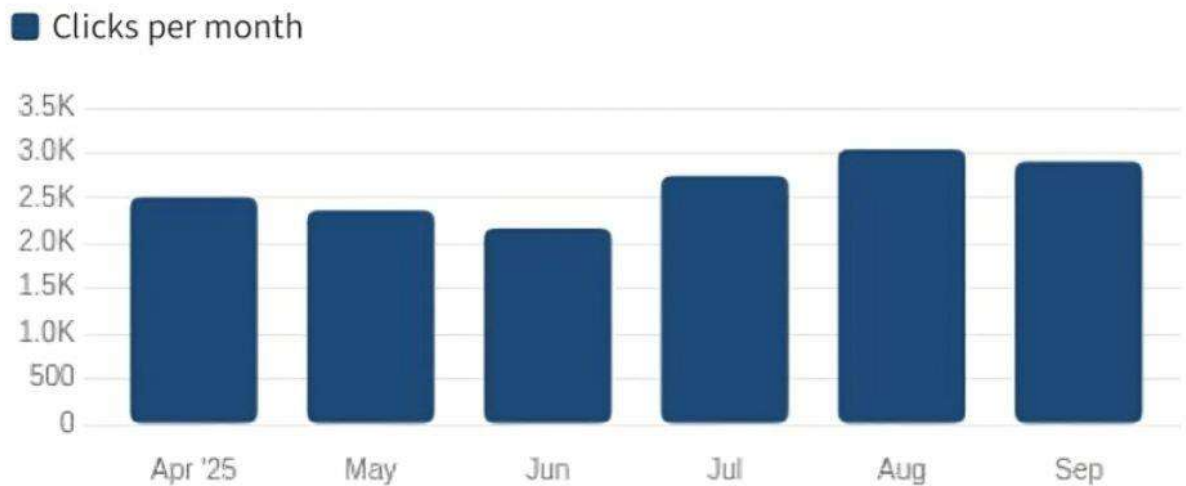
This work involves research, editing, curatorial and website design:

- ✓ **Understanding and re-envisioning India's creative genius**
manifesting in various domains – spiritual, artistic, literary,
philosophic, aesthetic.
- ✓ **Deep study of and research into the written Works of Sri
Aurobindo and the Mother and senior Scholars and *Sādhaka*-s of
Integral Yoga.**
- ✓ Also invite fresh perspectives and insights on topics related to India's
Rebirth through Integral Yoga.
- ✓ Design the online layout for the website of every issue of the
periodical.
- ✓ Refine, edit and finalise the online layout after a thorough correction
of every draft post online for final release.

Highlights During April 2025-March 2026

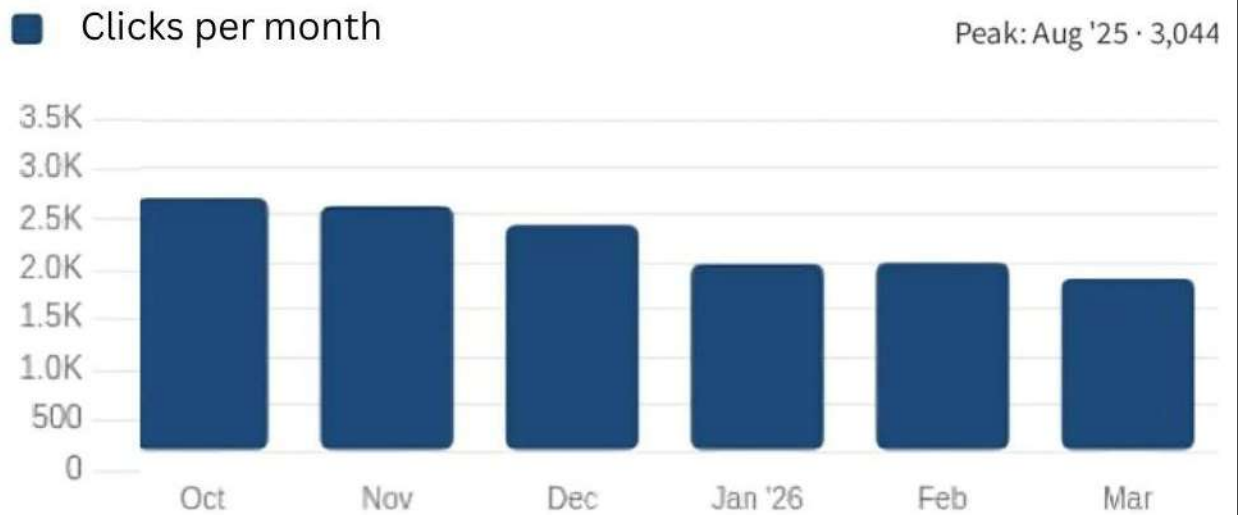
- **PUBLISHED 15 ISSUES OF ONLINE PERIODICALS.**
- Total no. of articles from April 2025-March 2026 = **104**
- More than **700 info-graphics** were created for social media promotion of the periodicals.
- **RENAISSANCE REACH OVER 2025-2026 = 1,00,000+ READERS**
- **2400+ readers accessing journal website every month**
- **Peak being 3044 readers in August 2025**
- **IMPORTANT:** All this is drawn from organic search, direct visits, social sharing, and cross-referrals across the SAS network, with no paid promotion of any kind.
- **50+ countries reached**
- **3.95 million search impressions of *Renaissance* content**
- ***Renaissance* website's search ranking climbed from position 9 to position 6.**
- **This means that *Renaissance* content is increasingly surfacing on the first page of search results for spiritually significant queries, a sign of growing credibility and authority.**
- ***Renaissance* and BhāratShakti websites together account for 40% OF ALL VERIFIED HUMAN TRAFFIC ACROSS THE AUROSOCIETY.ORG domain network**

Renaissance Journal - Clicks per month **April 2025 - September 2025**



renaissance.aurosociety.org

Renaissance Journal - Clicks per month **Oct 2025 - March 2026**

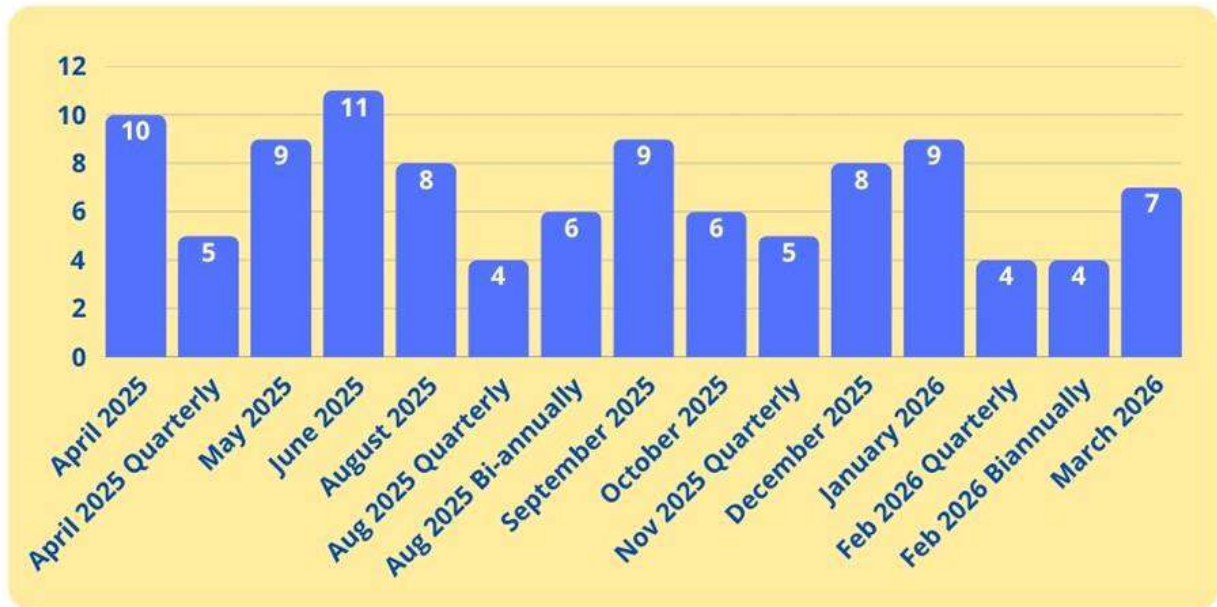


renaissance.aurosociety.org

Content in BHĀRATSHAKTI Periodicals - 104 APRIL 2025 TO MARCH 2026



77 Renaissance
Monthly
17 Renaissance
Redux
10 Quarterly
The Best of
SAC Bi-annual



Renaissance Journal Reach
1,00,000+ Readers, March 2025-April 2026

One Month Sample - March - April 2026

30 DAYS VERIFIED HUMAN TRAFFIC

(Cloudflare bots excluded)

Mar-Apr 2026

- **PAGE VIEWS 9,740**
- **UNIQUE VISITS 8,550**
- **AVERAGE DAILY VIEWS ~325**

renaissance.aurosociety.org

Renaissance Journal
April 2025 - March 2026

- **Renaissance reached an estimated 1,00,000+ readers in the past year** – drawn from organic search, direct visits, social sharing, and cross-referrals across the SAS network, **with no paid promotion of any kind.**
- **Every month, over 2,400 people find Renaissance through Google search alone** - searching for Sri Aurobindo, the Mother, Indian philosophy, and Vedic culture

renaissance.aurosociety.org

bharatshakti.aurosociety.org

Renaissance Journal
April 2025 - March 2026

- **The site's search ranking climbed from position 9 to position 6 over the year** - meaning Renaissance content is increasingly surfacing on the first page of results for spiritually significant queries, a sign of growing credibility and authority.
- **Renaissance and BhāratShakti together account for 40% of all verified human traffic across the aurosociety.org domain network** - the two publications driven by the same editorial vision are the single largest source of genuine readership in the Society's digital presence.

renaissance.aurosociety.org

bharatshakti.aurosociety.org

MAJOR PROJECT II: DESIGNING AND CONDUCTING EDUCATIONAL PROGRAMMES (n = 32)

Workshops, Courses, Exhibitions, Webinars, Seminars
(Total conducted in 2025-2026 = 32)

SUMMARY OF KEY PROGRAMMES

International Conference (1)

- Four-Day International Conference on Discovery and Application of Vedic Knowledge,
Dates: February 12-15, 2026

National Workshops/Retreats (9)

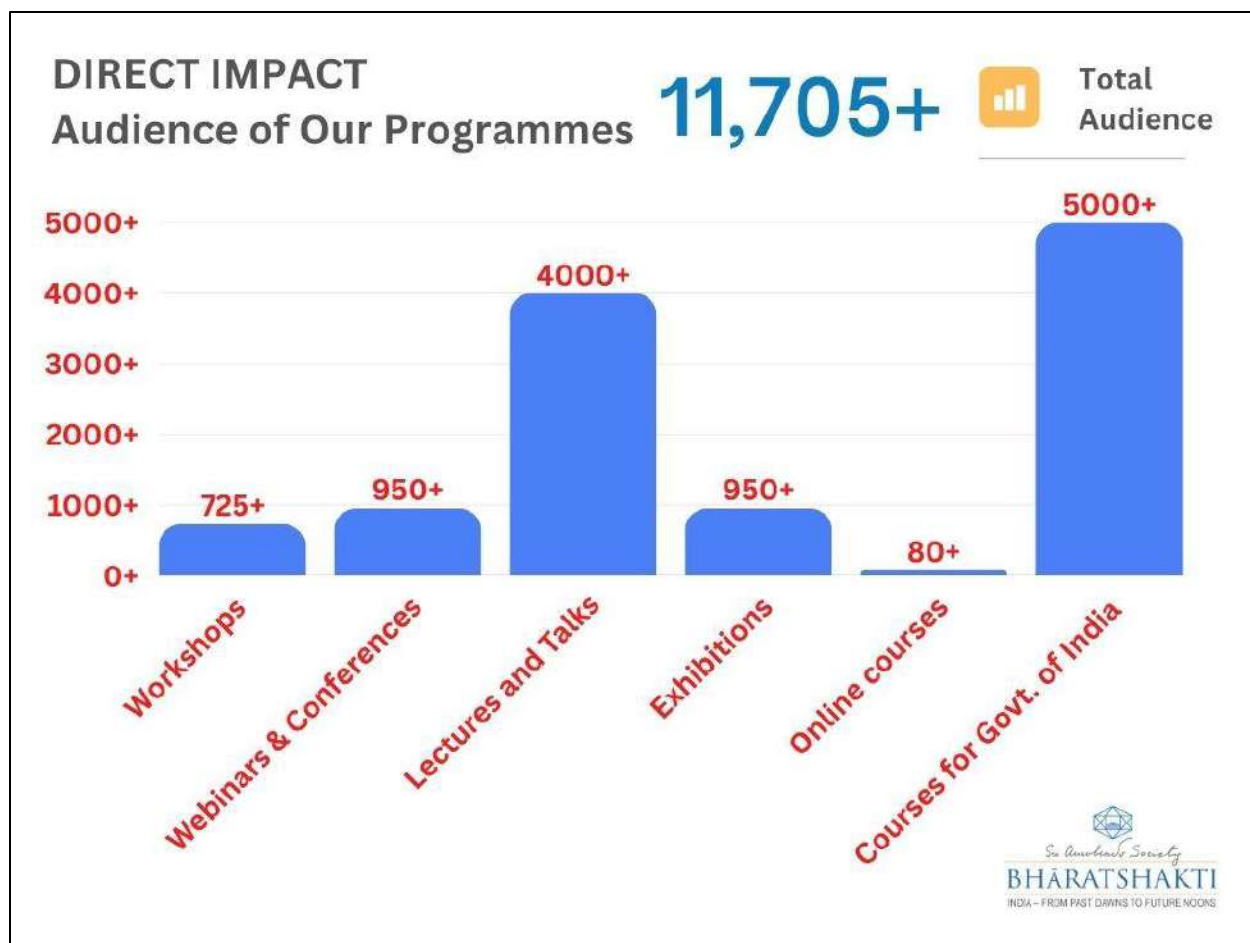
- Workshops for Teachers, Aspirants & Youth (Including 4 Multi-day Workshops) = 9
- *Sanskriti ॐ Svādhyāya*: Insights from Integral Yoga and Indian Spiritual Tradition on Love and Relationships (Two-day Residential Workshop for Teachers, September 19-20, 2025)
- *Samvṛddhi*: Deepening Our Roots and Growing with Others (Two-day Workshop for Teachers, May 20-21, 2025)
- Annual Two-day Residential Retreat - Four Powers of the Mother (Dates: 28-30 November, 2025)
- Invoking Shakti: *Kala, Sanskriti evam Sadhana* (Three-day Residential Workshop for 300+ students (ages 12-18) and teachers, Dates: 15-17 September, 2025)
- Five Day-long Student and Youth Workshops (5)

National Webinars (12)

- A total of 12 webinars were organised, some continuing over multiple days
- About 750+ participants participated in these webinars.
- Guest speakers from across the nation were invited.
- A diversity of topics was taken up at these webinars, focusing on their significance in the fields of Sri Aurobindo Studies and Indian Cultural Studies
- Special mention: Three webinars to celebrate the 75 years of Sri Aurobindo's epic poem, *Savitri*
- Special mention: Three webinars especially designed for teachers of Sri Aurobindo Center for New Education, Jodhpur

- **Video-based Courses Developed for Karmayogi Bharat, Govt. of India Capacity Building Programme (2)**

- **Online Courses Developed and Conducted (4)**
- **Curated Exhibitions that Travelled across India (4)**



Guest Lectures and Invited Conversations (10)

- Notable Guest Speakers included Dr. Ananda Reddy and Dr. Alok Pandey, both being two of the foremost scholars of Sri Aurobindo Studies of international repute.
- [Celebrating 75 Years of Savitri – Two Talks by Dr. Alok Pandey](#) (Dec 19-20, 2025)
- [Love and Death: Two Protagonists in Savitri – Talk by Ananda Reddy](#) (June 23, 2025)
- [A Conversation on Art, Creativity and Inner Quest](#) (April 12, 2025)
- [A Conversation on Nāṭyaśāstra & Contemporary Indian Society](#) (June 26, 2025)
- [A Conversation on Ramayana in the Classroom](#) (March 25, 2026)

DETAILS OF SELECTED EDUCATIONAL PROGRAMMES

BhāratShakti designs and conducts educational programmes under five major topical categories:

- Re-awakening the Bharata Shakti
- All Life is Yoga
- Education for New India
- India, Our Mother
- Art and Spirituality

The programmes mentioned below are categorized under these five themes. Details of only a few programmes are given below. For all other programmes, full reports are available on our website - bharatshakti.aurosociety.org

Four-Day International Conference on Discovery and Application of Vedic Knowledge

Dates: February 12-15, 2026

- **BhāratShakti, Sri Aurobindo Society was a key collaborating partner for organizing a 4-day International Conference on Discovery and Application of Vedic Knowledge.**
- The 4-day conference was hosted at AURO University, Surat. Other collaborating partners included Sri Aurobindo Integral Life Center (Surat), La Grace Sri Aurobindo Integral Life Center (South Carolina, USA), Brhat Foundation (India), AuroChit (USA), and SAKSHI Trust (Bengaluru).
- The conference brought together scholars, researchers, practitioners, thought leaders as well as seekers and spiritual aspirants to explore the depth, relevance, and contemporary application of Vedic knowledge.
- Through interdisciplinary discussions and scholarly presentations, the conference highlighted the enduring insights of the Vedas and their significance for modern society.
- The detailed planning work for the conference started six months prior to February 2026 through a process of several online meetings and discussions. In all these meetings Dr. Beloo Mehra, Director, BhāratShakti played an important role, sharing ideas, inputs and overall structure and flow of the conference.
- **Dr. Beloo Mehra gave two keynote addresses, one on the inaugural day and another on Day 2 of the conference. READ FULL REPORT [HERE](#) AND [HERE](#).**
- Dr. Beloo Mehra also chaired a paper presentation session on Day 3 of the conference.
- **On the final day of the conference, February 15, Dr. Beloo Mehra along with Dr. Nimesh Joshi from Auro University presented short reports and reflections on the conference proceedings.**

- **About 150 participants** from various parts of India and some from other parts of the world attended the conference. **A large number of international participants also joined online** as the conference was live-streamed during all four days.

➤ **READ [DETAILED REPORT](#).**



Two-day Residential Workshop for Teachers - ‘Sanskriti च Svādhyāya’: Insights from Integral Yoga and Indian Spiritual Tradition on Love and Relationships

Dates: September 19-20, 2025

- BhāratShakti team was invited by the Creative School co-founders and trustees of The Healing Circle, Bengaluru to curate and conduct an intensive workshop on the theme: **‘Insights from Integral Yoga and Indian Spiritual Tradition on Love and Relationships’**.
- Part of BhāratShakti teacher-education initiative under the title ‘*Sanskriti च Svādhyāya*’
- **Participants: 75 teachers including 25 teacher-leaders and school administrators**
- **Venue:** Freedom Land, a conscious community space in rural Karnataka
- The workshop facilitated by Dr. Beloo Mehra and Mr. Narendra Murty included Lecture-discussions, Q & A, Group reflections, Storytelling, Chanting & Contemplative activities.
- **Key themes explored included:**
 - Love as a universal force
 - From Love Human to Love Divine
 - Human Relationships as Field for Inner Progress
 - Stories of Love
 - Ego in Love and Relationships
 - Light from Indian Sacred Literature

➤ **READ [DETAILED REPORT](#).**



***Samvṛddhi*: Deepening Our Roots and Growing with Others (Two-day Workshop for Teachers)**

Dates: May 20-21, 2025

- Participants: 46 teachers and 5 school administrators
- Venue: Dayanand Arya Vidya School, Bengaluru
- This 2-day workshop was designed and conducted at the invitation of the School Governing Council and Administration.
- During the two-days, May 20 and 21, 2025, Dr. Beloo Mehra with assistance from Ms. Biswajita Mohapatra worked intensively with the participants to explore two broad topics, in the light of Sri Aurobindo's and Mother's vision on Education, Indian Culture and Integral Human Development:
- Incorporating the Spirit & Forms of Indian-ness in Education: Prospects & Challenges
- Harmony Within and Without: Empathic and Effective Response to Workplace Challenges
- Diverse learning approaches were used to keep the workshop engaging and participatory.

➤ **READ [DETAILED REPORT](#).**



Annual Two-day Retreat – “Four Powers of the Mother”

Dates: 28-30 November, 2025

- **Venue:** Sri Aurobindo Dhama, Karnataka
- **About 40 participants attended the 2-day residential retreat.**
- Programme included chanting, Savitri readings, presentations, discussions, creative activities, reflective exercises and open interactions.
- Retreat’s theme, topics, and the overall flow of sessions were planned by Dr. Beloo Mehra, Director, BhāratShakti, while Ms. Biswajita Mohapatra, Design and Admin Assistant, BhāratShakti, coordinated the logistics with the host institution and prepared the materials for various activities.
- Following topics were explored:
 - The Sacrifice of the Divine Mother
 - Three Ways of the Being of the Mother
 - Four Great Aspects of the Mother – Maheshwari, Mahakali, Mahalakshmi, Mahasaraswati
 - Opening Our Soul to the Mother
 - Surrender to the Mother
- Other facilitators included Mr Narendra Murty, Research Associate and Ms. Chitra Kolluru, Volunteer Resource Person for BhāratShakti.
- **Some Feedback from the Participants**
 - A very well planned and executed programme.
 - Beautiful, informative and insightful experience on the Powers of the Divine Mother and all her sacred forms.
 - Being new to Sri Aurobindo’s and the Mother’s teachings, I am eager to evolve and remain inspired.
 - Knowing about the Mother through her voice was special and also several pointers and insights into various writings of Sri Aurobindo.
 - A lot of key concepts were very lucidly explained.

- The concepts seemed simple to hear but getting into the depth and nuances of the teachings was very inspiring.
 - I learnt how to remain calm, collected and open to the Grace of the Mother.
- **READ [DETAILED REPORT](#)**





Invoking Shakti: *Kala, Sanskriti evam Sadhana* (Three-day Residential Workshop)

Dates: 15-17 September, 2025

- Participants: 300+ students (ages 12-18) and teachers
- Venue: Freedom Land, Bengaluru
- The workshop's focus was on providing an experiential understanding to the students of selected aspects of the spirit and forms of Indian art, aesthetics and art appreciation.
- A wide range of learning activities were used during the workshop:
 - Chanting sessions
 - Storytelling
 - Visually appealing presentations and video content for interactive sessions,
 - Arts and crafts activities

- [150-poster exhibition on Ajanta and Ellora caves](#)
- Ajanta-inspired Art workshop
- Learning about Indian Artistic Culture through games
- Cultural performances
- The workshop design and facilitation team comprised of Dr. Beloo Mehra, Director and Ms. Biswajita Mohapatra, Design and Admin Assistant from BhāratShakti, SAS, along with Ms. Runalika Roy and Ms. Bindu Popli, Volunteer Resource Persons.
- Following sessions were organised in parallel with smaller groups of children.
 - Introduction to 64 Arts – storytelling, visually engaging presentations and interactions
 - Basics of Navarasa – learning through experiential activities and short performances
 - Know India through Art — fun learning through flash cards and storytelling
 - Introduction to Natyashastra – storytelling, presentations and interactions
 - Preserving our Heritage – interactive sessions with short films
 - Appreciating Ajanta and Ellora – short films, discussions, storytelling, Q & A
 - Interactions on Influence of Ajanta murals on modern Indian painting
 - Art and Craft workshop inspired by Ajanta – experiential activities
 - Art as Sadhana – interaction and experiential activity

➤ **READ [DETAILED REPORT](#).**







Two (2) Indian Knowledge Systems (IKS) Courses for Karmayogi Bharat, Govt. of India Programme

- As part of the **MoU between Sri Aurobindo Society (SAS) and Karmayogi Bharat**, a Government of India initiative under the National Programme for Civil Services Capacity Building (NPCSCB), **BhāratShakti designed and published two Indian Knowledge Systems (IKS) courses** in the year 2025-2026.
- Both the courses were designed by Dr. Beloo Mehra.
- **As of April 30, more than 5000 professionals have enrolled in these courses, and more than 4000 have already completed.**
- These courses include video-based modules, short assessments following each module and one final assessment.
- **These courses were especially designed for professionals working at various levels of Indian administrative, civil and bureaucratic services** who are important pillars of the nation-building work. As New India continues to rise, it is critical that they develop a more India-centric perspective as well as appreciate a future-oriented psycho-spiritual vision such as the one we have from Sri Aurobindo.

1. REVISITING GENDER EQUALITY THROUGH THE INDIAN SPIRITUAL VISION

- Release Date: November 13, 2025
- Resource Person: Dr. Beloo Mehra
- The SIX modules of the course are titled:
 - An Introduction to Gender Equality
 - Divine and Divine's Shakti
 - The Status of Women in Ancient India
 - The Ideals of the Past
 - Rethinking Freedom
 - A New Ideal of Marriage
- READ [DETAILED REPORT](#)

2. MONEY AND CONSCIOUSNESS: INDIAN WISDOM AND SRI AUROBINDO'S VISION

- Release Date: July 16, 2025
- Resource Person: Dr. Beloo Mehra
- The THREE modules of the course are titled:
 - Indian Cultural Insights on Money
 - Balancing Money and other Life Goals
 - Sri Aurobindo's Insights on Money
- READ [DETAILED REPORT](#)



Four (4) Courses on Sri Aurobindo Studies

- These online courses were designed primarily for those seeking a deeper study and contemplation on the topics.
- **A total of about 80 participants benefitted from these courses.**

1. LOVE, HUMAN RELATIONS AND NEW CONSCIOUSNESS

- DATES: April 26-May 24, 2025
- Designed and facilitated by Dr. Beloo Mehra
- READ [DETAILED REPORT](#)

2. A SPIRITUAL APPROACH TO STRESS MANAGEMENT

- DATES: July 5-August 9, 2025
- Designed and facilitated by Mr. Narendra Murty
- READ [DETAILED REPORT](#)

3. INNER DISCOVERY – INTRODUCTION TO MEDITATION IN INTEGRAL YOGA

- DATES: September 26-October 5, 2025
- Designed and facilitated by Dr. Pedro Miguel Pereira Gaspar
- READ [DETAILED REPORT](#)

4. SELF-MANAGEMENT LESSONS FROM THE GITA

- DATES: February 28-March 28, 2026
- Designed and facilitated by Mr. Narendra Murty
- READ [DETAILED REPORT](#)

Twelve (12) National Webinars on Sri Aurobindo Studies and Indian Knowledge Systems

- **A total of 12 webinars were organised, some continuing over multiple days**
 - **About 750+ participants participated in these webinars.**
 - **Guest speakers from across the nation were invited.**
 - **A diversity of topics was taken up at these webinars, focusing on their significance in the fields of Sri Aurobindo Studies and Indian Cultural Studies**
 - **Special mention: Three webinars to celebrate the 75 years of Savitri**
 - **Special mention: Three webinars especially designed for teachers of Sri Aurobindo Center for New Education, Jodhpur**
 - **Notable Guest Speakers included Dr. Ananda Reddy and Dr. Alok Pandey, both being two of the foremost scholars of Sri Aurobindo Studies**
-
- **THREE-DAY WEBINAR SERIES — RAMKATHA: CELEBRATING RAMANAVAMI (3)**
 - Dates: March 24 to March 26, 2026
 - 8 Speakers including 6 Guest Speakers
 - READ DETAILED REPORTS [HERE](#), [HERE](#) AND [HERE](#)

 - **ANTARYĀTRA: A SPIRITUAL EXPLORATION OF PUDUCHERRY (1)**
 - Date: January 19, 2026
 - 5 Speakers including 3 Guest Speakers
 - In collaboration with Indira Gandhi National Center for the Arts, Regional Center, Puducherry
 - READ DETAILED [REPORT](#)

 - **TWO-DAY WEBINAR SERIES— CELEBRATING 75 YEARS OF SAVITRI (2)**
 - December 19-20, 2026
 - 1 Guest Speaker, Dr. Alok Pandey
 - READ DETAILED [REPORT](#)

- **CELEBRATING SRI AUROBINDO AND SRI KRISHNA (1)**
 - Date: August 16, 2025
 - 4 Speakers including 2 Guest Speakers
 - READ DETAILED [REPORT](#)

- **CONSCIOUS CONNECTIONS: EXPLORING ASPECTS OF INDIVIDUAL AND COLLECTIVE LIFE (3-WEBINAR SERIES FOR TEACHERS)**
 - Date: July 9-11, 2025
 - Organised by Sri Aurobindo Center of New Education, Jodhpur
 - Speaker: Dr. Beloo Mehra
 - READ DETAILED [REPORT](#)

- **LOVE AND DEATH: TWO PROTAGONISTS IN SAVITRI (1)**
 - Date: June 23, 2025
 - 1 Guest Speaker, Dr. Ananda Reddy
 - READ DETAILED [REPORT](#)

- **CELEBRATING TAGORE: “THE SONG I CAME TO SING...” (1)**
 - Date: May 8, 2025
 - 4 Speakers including 2 Guest Speakers
 - READ DETAILED [REPORT](#)

Five (5) Day-long Student and Youth Workshops

- A total of 5 day-long workshops for students of different age groups were organised.
- About 300+ participants participated in these day-long workshops.
- **YUVĀ SHAKTI – WORKSHOP ON ‘KNOW BHĀRAT THROUGH ART’**
 - Date: February 16, 2025
 - Participants: 35 students (ages 20-25) from Sardar Patel University, Gujarat
 - Venue: Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat
 - Organised in collaboration with Sri Aurobindo Sadhana Kendra (SASK) and Sri Aurobindo Chair of Integral Studies Sardar Patel University, Vallabh Vidyanagar Gujarat.
 - Workshop designed and conducted by Dr. Beloo Mehra, Director, BhāratShakti
 - READ DETAILED [REPORT](#).





➤ **SRI AUROBINDO AND INDIAN FREEDOM MOVEMENT**

- Date: November 28, 2025
- Participants: 75 students (ages 12-16) + 15 teachers
- Venue: Om Shanti Dham Gurukulam, Karnataka
- Designed and curated by Dr. Beloo Mehra, Director, BhāratShakti and Ms. Biswajita Mohapatra, Design & Admin Assistant, BhāratShakti
- Facilitators included: Beloo Mehra, Biswajita Mohapatra, Narendra Murty, Suhas Mehra
- READ DETAILED [REPORT](#).



➤ **UTSAHA –THE JOYFUL AND CONTEMPLATIVE SPIRIT OF NAVARATRI**

- Date: September 23, 2025
- Participants: 50 students (ages 13-16) + 10 teachers from Sri Aurobindo Centenary School, Tadipatri, Anantapur Dist, Andhra Pradesh
- Venue: Sri Aurobindo Society
- Designed and facilitated by Dr. Beloo Mehra, Director, BhāratShakti and Ms. Biswajita Mohapatra, Design & Admin Assistant, BhāratShakti
- READ DETAILED [REPORT](#).



➤ **INVOKING SHAKTI: ART APPRECIATION FOR CHILDREN**

- Date: September 12, 2025
- Participants: 90 students (ages 3-9) from Creative School, Bengaluru
- Designed and facilitated by Dr. Beloo Mehra, Director, BhāratShakti and Ms. Biswajita Mohapatra, Design & Admin Assistant, BhāratShakti
- READ DETAILED [REPORT](#).

➤ **YUVĀ SHAKTI – INDIAN VIEW ON CHARACTER DEVELOPMENT**

- Date: June 2, 2025
- Participants: 25 students (ages 20-25) + 5 professors from Sardar Patel University, Gujarat
- Designed and curated by Dr. Beloo Mehra, Director, BhāratShakti and Ms. Biswajita Mohapatra, Design & Admin Assistant, BhāratShakti
- Facilitated by BhāratShakti team including Beloo Mehra, Biswajita Mohapatra, Narendra Murty and Shruti Ramteke from AuroMedia
- READ DETAILED [REPORT](#).

Four (4) Poster Exhibitions Across India

A BRIEF STUDY OF AJANTA

- **Venue: Creative School, Freedom Land, Bengaluru**
- **Display Dates: September 15-October 31, 2025**
- **Designed as part of an interdisciplinary learning project on Indian Culture** which involved students' and teachers' field trip to Ajanta and Ellora Caves, reading age-appropriate relevant literature, co-creating learning through arts-based projects, and more.
- During the 3-day-long "*Kala, Sanskriti evam Sadhana*" workshop from September 15-17, 2025, Dr. Mehra gave several orientation sessions to groups of students introducing them to the broad topics covered in this exhibition. She also showed them some short documentaries on Ajanta and Ellora to sensitize them for the aesthetic and culturally immersive experience during their visit to these places.
- Research, text preparation, design layout and curation by Dr. Beloo Mehra with design assistance from Ms. Biswajita Mohapatra.
- **Total number of visitors to the exhibition = 375+**
- **87 well-researched and beautifully curated posters highlighted the following:**

- A general overview of how in the light of Sri Aurobindo one should approach places of such deep cultural and historical significance such as Ajanta
- Specific details and facts about when the Ajanta caves were excavated, the dynasties who sponsored such large-scale work, the cultural-historical context in which these Buddhist monasteries and worship halls were built
- Deeper meaning of 'cave' in the context of its psychological-spiritual significance for inner journey
- Details of the discovery of Ajanta caves by John Smith in 1819
- Early sketches made by British and Indian artists
- Words of Sri Aurobindo highlighting the magnificent architectural and sculptural details of several caves
- Artist Mukul Dey's account of his pilgrimage to Ajanta
- A whole section dedicated to the appreciation of Ajanta paintings
- Details of several of the masterpieces along with some digitally enhanced photos available freely on the internet to show contrast between what one may see in the cave and what might have been the original painting
- Mention of several of the Jataka tales captured in these murals
- Sri Aurobindo's interpretation of some of the masterpieces of Ajanta paintings
- Sri Aurobindo's and Mother's words on the inner dimension of art, architecture and painting.
- Words from Sri Aurobindo and the Mother on Buddha's monumental place in Indian spiritual history and the significance of his teachings particularly the Middle Path
- Modern Indian Painters who have been deeply influenced by the style of painting seen in Ajanta. This was done to help students appreciate how an aesthetic and cultural continuity has been an important aspect of the painting traditions of India.

2. **READ DETAILED [REPORT](#)**



KAILASHA CAVE TEMPLE, ELLORA: A SET OF STORIES

THE TEMPLE STORY, THE SCULPTURE STORY, AN INDIAN STORY

- **Venue: Creative School, Freedom Land, Bengaluru**
- **Display Dates: September 15-October 31, 2025**
- **Designed as part of an interdisciplinary learning project on Indian Culture** which involved students' and teachers' field trip to Ajanta and Ellora Caves, reading age-appropriate relevant literature, co-creating learning through arts-based projects, and more.
- During the 3-day-long "*Kala, Sanskriti evam Sadhana*" workshop from September 15-17, 2025, Dr. Mehra gave several orientation sessions to groups of students introducing them to the broad topics covered in this exhibition. She also showed them some short documentaries on Ajanta and Ellora to sensitize them for the aesthetic and culturally immersive experience during their visit to these places.
- Research, text preparation, design layout and curation by Dr. Beloo Mehra with design assistance from Ms. Biswajita Mohapatra.
- **Total number of visitors to the exhibition = 375+**
- **63 well-researched and beautifully curated posters highlighted the following:**
 - India's long and rich sculptural tradition is closely connected with her temple architectural tradition, known together as *vaastu parampara*.

- This intimate connection between these two art forms is exemplified perfectly by Kailasha Temple at Ellora caves, one of the most remarkable cave temples in the world.
- Some historical background regarding the excavation of the cave-temples at Ellora
- Historical details about the construction Cave number 16 or the Kailasha temple, the largest of the 34 cave temples and monasteries in the complex, and
- Why Kailasha cave is considered as the climax of the rock-cut phase of Indian architecture
- Kailasha temple at Ellora is unique not only because of its size, architecture and sculptures, but it is most notable for its vertical excavation method, which means that its carving started at the top of the original rock and moved downward.
- Interesting Marathi legend about the temple's construction
- Stories associated with a massive sculpture in Cave 16, which expresses a great synthesis of dynamism and stillness carved in stone
- An experiential account of how outer travel can become an opportunity to go within, how to make travel experience a conscious learning experience about oneself, about others, about the world we are a part of.
- Specific details and facts about when the Ajanta caves were excavated, the dynasties who sponsored such large-scale work, the cultural-historical context in which these Buddhist monasteries and worship halls were built
- Deeper meaning of 'cave' in the context of its psychological-spiritual significance for inner journey

3. READ DETAILED [REPORT](#)

The poster exhibition was later compiled in a book format by the school and distributed to all students and teachers as study material for their field trips to Ajanta and Ellora.



SRI AUROBINDO AND INDIAN FREEDOM MOVEMENT

- **Venue:** Om Shanti Dhama Veda Gurukulam, Karnataka
- **Display Dates:** November 27 - December 4, 2025
- **38-poster exhibition** highlighting the key revolutionary work of Sri Aurobindo with special focus on the following themes:
 - Sri Aurobindo's larger and deeper vision of India's role for the future of humanity and the world
 - Two distinct periods of Sri Aurobindo's revolutionary work, one from 1893-1906 and then from 1906 to 1910
 - Sri Aurobindo's arrest in 1908 in regard to the famous Alipore bombing case, and his eventual acquittal exactly a year later
 - Specific mention was made of his fiery writings in Bande Mataram and Yugantar, and then later in Karmayogin and Dharma after his acquittal from the prison.
 - A few key passages from Uttarpara speech were also shared which speak significantly of the spiritual realisation of Sri Aurobindo in prison.
- **Total number of visitors to the exhibition = 100+**

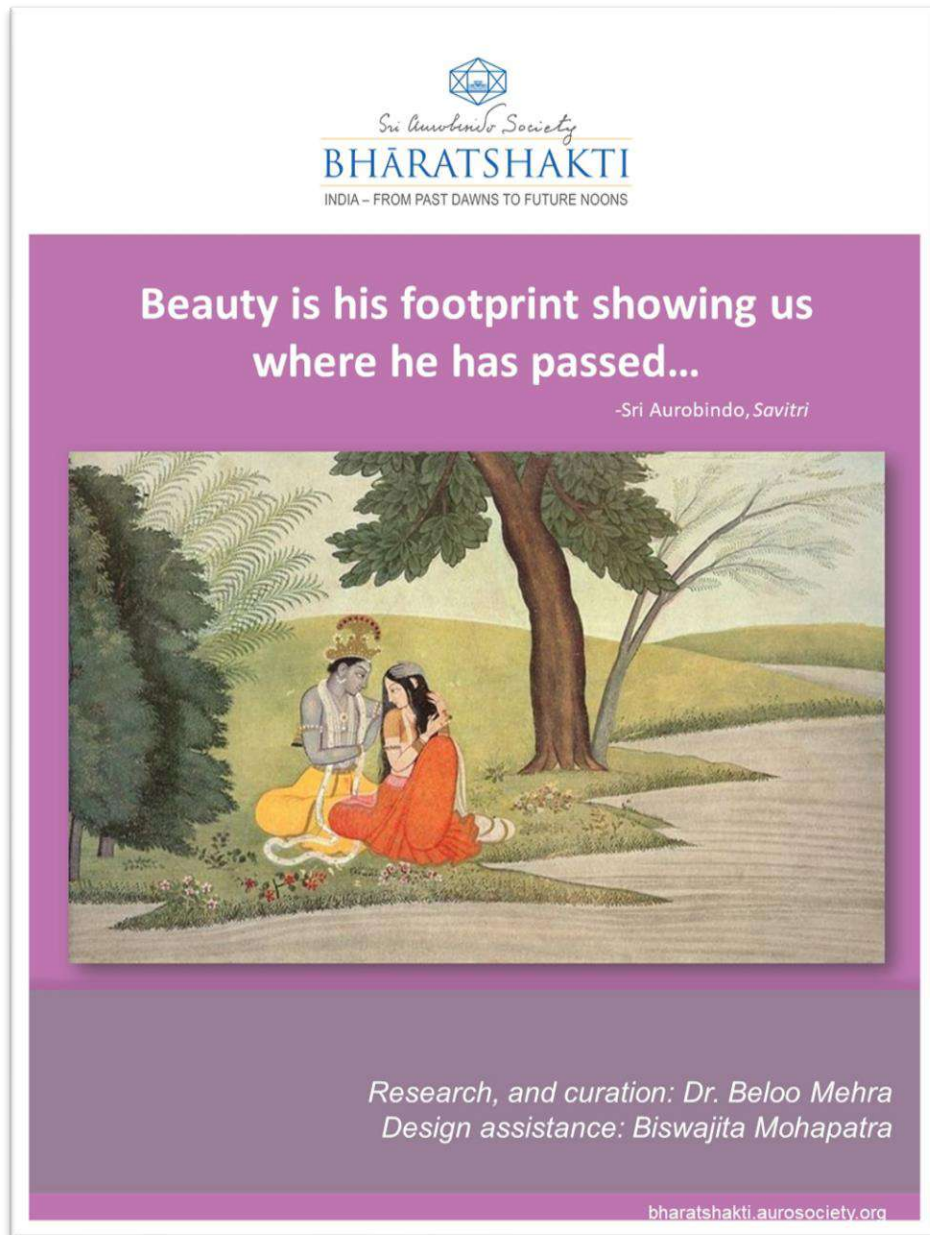
- The exhibition featuring relevant quotes and passages from various sources including Sri Aurobindo's political and autobiographical writings was researched, designed and curated by Dr. Beloo Mehra with design assistance from Ms. Biswajita Mohapatra.
- **READ DETAILED [REPORT](#)**



ESSENTIALS OF INDIAN ART

- **Venue:** Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat
- **Display Dates:** February 16-22, 2026
- **10-poster exhibition** highlighting the following themes:
 - Words of Sri Aurobindo and the Mother on Spiritual Basis of Indian Art
 - Deeper significance of developing a sense of beauty
 - Indian vision of the aesthetic development of the being and Art appreciation
 - Long tradition of Indian art, architecture and painting
 - Insights from rich textual tradition in India that emphasises aesthetic appreciation
- **About 100+ people went through the exhibition content during the 7 days.**

- This exhibition was designed as part of a workshop conducted for the students of Sardar Patel University on the theme - **Know Bhārat Through Art.**
- The exhibition was researched, designed and curated by Dr. Beloo Mehra with design assistance from Ms. Biswajita Mohapatra.
- **READ DETAILED [REPORT](#)**



MAJOR PROJECT III: DELIVERING TALKS AND LECTURES

(Total = 56)

Special Memorial Lectures (2) and Invited Talks (54)

- Total = 56
 - Dr. Beloo Mehra (49)
 - Mr. Narendra Murty (7)
- 2 Special Memorial Lectures by Dr. Beloo Mehra
- 5 Talks at International Events by Dr. Beloo Mehra
- 27 Talks at National Events by Dr. Beloo Mehra and Mr. Narendra Murty
- Audience reached = 4000+

MEMORIAL LECTURES

- **SHRI A.B. PATEL MEMORIAL LECTURE – वन्दे मातरम्: Sri Aurobindo's Vision and Work for the Resurgence of Bhārat (PAPER ATTACHED)**
 - Date: February 17, 2026
 - Venue: Sardar Patel University, Gujarat
 - Organiser: Sri Aurobindo Chair of Integral Studies, Sardar Patel University
 - Invited Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS



- **K. R. SRINIVASA IYENGAR MEMORIAL LECTURE: Sita's Initiation: Glimpses from 'Sitayana, Epic of the Earth-born' (PAPER ATTACHED)**
 - Date: April 17, 2025
 - Venue: Sri Aurobindo Society, Chennai
 - Organiser: Sri Aurobindo Society, Chennai
 - Invited Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS



INVITED TALKS AT INTERNATIONAL EVENTS

- **Making of Hero-Warriors: Vedic Insights on Integral Education (PAPER ATTACHED)**
 - Date: February 13, 2026
 - Event: International Conference on Discovery and Application of Vedic Knowledge
 - Venue: Auro University, Surat, Gujarat
 - Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS
- **Swami Dayananda Saraswati and Indian Renaissance: Insights from Sri Aurobindo**
 - Date: February 12, 2026
 - Event: International Conference on Discovery and Application of Vedic Knowledge
 - Venue: Auro University, Surat, Gujarat

- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS
- **Integral Education**
 - Date: March 3, 2026
 - Event: Global Spirituality Mahotsav, 2026
 - Organiser: Auroville Foundation
 - Venue: Unity Pavilion, Auroville
 - Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS
- **The Vastness of Learning: Maheshwari and Integral Education**
 - Date: January 31, 2026
 - Organiser: La Grace – Sri Aurobindo Integral Life Center, South Carolina, USA
 - Venue: Online
 - Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS
- **Yogic Insights for Business Managers and Leaders**
 - Date: June 20, 2025
 - Event: Special Faculty Research Seminar Series, Celebration of International Yoga Day (with invited speakers from India and USA)
 - Organiser: Management Development Institute (MDI), Murshidabad
 - Venue: Online
 - Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

SELECTED INVITED TALKS AT NATIONAL EVENTS

1. Living a Purposeful Life

- Date: February 17, 2026
- Event: Human Resource Development Week, National Dairy Development Board, Gujarat
- Venue: National Dairy Development Board, Anand, Gujarat
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS



2. When the Divine Came Down into the Material – Significance of Siddhi Divas

- Date: February 16, 2026
- Venue: Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

3. माँ भगवती का यज्ञ – The Sacrifice of the Divine Mother

- Date: February 12, 2026
- Venue: Sri Aurobindo Society Center, Surat, Gujarat
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

4. Sri Aurobindo: The Revolutionary, The Yogi

- Date: January 10, 2026
- Event: Bhopal Literature Festival
- Venue: Bharat Bhavan, Bhopal
- Speaker: Narendra Murty, Research Associate, BhāratShakti, SAS

5. Contemporary Significance of Sri Aurobindo's Spiritual View of Nation and Nationalism

- Date: November 18, 2025
- Event: National Certificate Course on “Integrating Indian Knowledge Systems in Academia through NEP 2020: A Vision for Civilizational Reclamation”, Nov 17-28, 2025
- Organiser: Indian Knowledge Systems Cell, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, Punjab, in collaboration with Nucleus of Learning and Development
- Venue: Online
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

6. The One Whom We Adore as the Mother

- Date: November 17, 2025
- Venue: Online
- Organiser: Sri Aurobindo Society, Delhi Branch
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

7. Vedic Yajña: “A mutual debt binds man to the Supreme”

- Date: November 15, 2025
- Venue: Online
- Organiser: YES TALKS, Sri Aurobindo Ashram, Delhi Branch
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

8. Making Sense of Hinduism

- Date: November 8, 2025
- Venue: Online
- Organiser: YES TALKS, Sri Aurobindo Ashram, Delhi Branch
- Speaker: Narendra Murty, Research Associate, BhāratShakti, SAS

9. Symbolism of the Human Chariot in the Kathopanishad

- Date: October 12, 2025
- Venue: Sri Aurobindo Ashram, Delhi Branch
- Speaker: Narendra Murty, Research Associate, BhāratShakti, SAS

10. Recovering the Aryan Spirit: Some Reflections on the Mother's Symbol

- Date: October 11, 2025
- Venue: Sri Aurobindo Pathamandir, Kolkata
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

11. Man's Difficult Destiny

- Date: September 16, 2025
- Event: 4-day Workshop on “Sri Aurobindo's Savitri – A Whole Universe in Verse”
- Venue: Sri Aurobindo Center for Advanced Research, Pondicherry
- Speaker: Narendra Murty, Research Associate, BhāratShakti, SAS

12. Two talks on Spiritual Nationalism of Sri Aurobindo

- Dates: September 2-3, 2025
- Organiser: Department of Political Science, St. Xavier's College, University of Mumbai
- Venue: Online
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

13. Partition Memories, Family Narratives

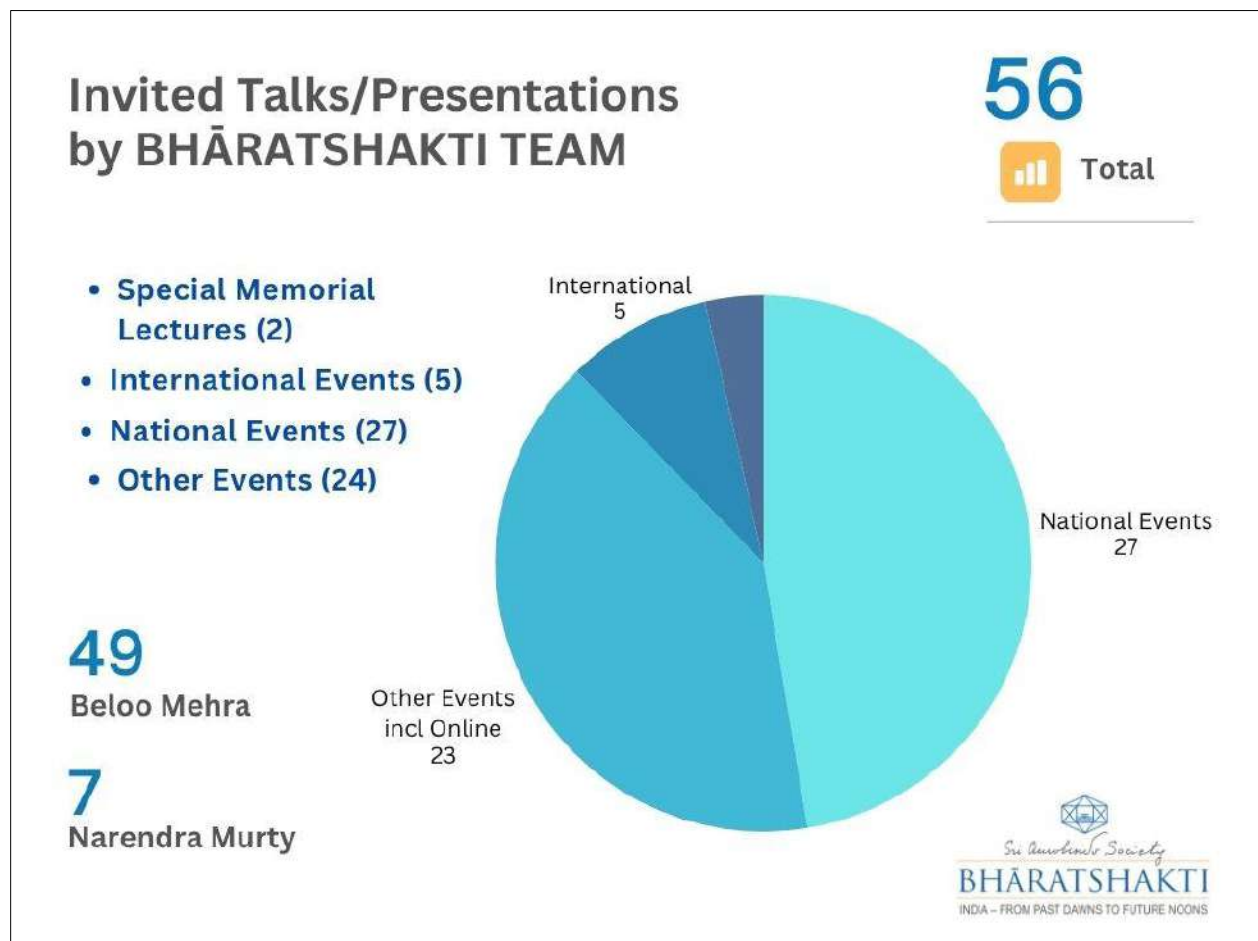
- Date: August 14, 2025
- Event: Partition Horrors Remembrance Day
- Organiser: Indira Gandhi National Centre for the Arts, Regional Centre Puducherry
- Venue: Franco-Tamil Villa Meeting Room, Art and Craft Village, Puducherry
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

14. Exploring Hampi as a Template for Inner Architecture

- Date: July 18, 2025

- Event: Pondicherry Invention Festival (July 18-20, 2025)
- Organiser: Aurodhan, Pondicherry
- Venue: Aurodhan Gallery, Puducherry
- Speaker: Dr. Beloo Mehra, Director, BhāratShakti, SAS

➤ SEE [HERE](#) FOR DETAILED REPORTS OF ALL TALKS



SECTION 2: RESEARCH AT BHĀRATSHAKTI

LIST OF RESEARCH PROJECTS

SL. No	Title of the Research	Stage of Research
		Completed
		Ongoing
		Proposal Stage/Conceptual Stage
1.	The Spirit and Forms of Indian Art	Started in September 2024 Completed in July 2025
2.	The New Ideal Given by Sri Aurobindo	Started in August 2025 Ongoing as of March 2026

COMPLETED RESEARCH TOPIC: The Spirit and Forms of Indian Art

RESEARCHER NAME:

Lead Researcher: Dr. Beloo Mehra (Editor, Renaissance Journal and Director, BhāratShakti)

Co-Researcher: Narendra Murty

GENRE(S) OF RESEARCH:

Text-based, Qualitative, Action-Research

DURATION:

12 months (September 2024-July 2025)

ABSTRACT:

“Shakti, Force, pouring through the universe supports its boundless activities, the frail and tremulous life of the rose no less than the flaming motions of sun and star. To suggest the strength and virile unconquerable force of the divine Nature in man and in the outside world, its energy, its calm, its powerful inspiration, its august enthusiasm, its wideness, greatness, attractiveness, to breathe that into man’s soul and gradually mould the finite into the image of the Infinite is another spiritual utility of Art. This is its loftiest function, its fullest consummation, its most perfect privilege.” (Sri Aurobindo, CWSA, Vol. 1, p. 452)

“Spiritual utility of Art” — this very phrase brings to mind a clarity that in India, the Art has always been identical in its aim as the rest of the culture. That aim is to facilitate the spiritual growth of the individual and the collective. But before Art can fulfill this role, it must serve several other purposes. And Sri Aurobindo explains that masterfully in his essay titled *The*

National Value of Art. He says that the first and the lowest use of Art is the purely aesthetic. The second is the intellectual or educative, and the third and highest is the spiritual. By speaking of the aesthetic use as the lowest, he did not imply that this is not valuable. In fact, this aesthetic purpose is of immense importance to human progress. And until this work has been done, humanity is not really ready to make full use of Art on the higher planes of human development.

In Sri Aurobindo's and the Mother's vision of integral human development, cultivating a sense of beauty occupies an important place. The Mother said that it is one of the greatest weapons of the *Asura* at work when we are taught to shun beauty. She added that it has been the "ruin of India." *"The Divine manifests in the psychic as love, in the mind as knowledge, in the vital as power and in the physical as beauty. If you discard beauty it means that you are depriving the Divine of this manifestation in the material and you hand over that part to the Asura."* (CWM, Vol. 13, pp. 372-373)

Taking inspiration from these words, we explored the topic – The Spirit and Forms of Art in India to study Indian Art and Aesthetic traditions in the light of Sri Aurobindo's and the Mother's vision. As always, we researched and identified selected gems from the vast ocean that is their written works and conversations. We also highlighted some writings of other senior sādha-kas and scholars. And there were also several few fresh perspectives and voices.

The subject is certainly a vast one. We don't claim that we were able to consider the subject thoroughly and fully. But through our research featured in several issues of *Renaissance* we highlighted a few salient aspects to help the reader gain a broad orientation to appreciating Art, in general, and Indian Arts, in particular. Our purpose was not to highlight the technical details of various art forms. Rather, the focus was to highlight the deeper spirit of India as reflected in her diverse art forms and her approach to creating and appreciating art.

Sub-topics explored in this project:

- The Purpose of Art: From Beauty to Bliss

- Sacred Origins of Indian Art
- The Way of an Indian Artist
- The Mother as an Artist
- Art as Yoga
- Indian Sacred Architecture
- Sculptural Art of India
- Indian Painting
- Art Education
- Diversity of Artistic Expression in India

METHODOLOGY:

Following steps were employed to conduct systematic inquiry into each of the sub-topic.

Review of Literature

- An intensive review of literature of the published works of Sri Aurobindo and the Mother was conducted.
- A word-search through electronically available reference materials was also conducted.
- In addition to the writings of Sri Aurobindo and the Mother, we also sourced relevant material from early scholars-practitioners of Integral Yoga as well as experts and scholars of Indian Art and Aesthetics.
- Several compilations and other secondary works were reviewed.
- Old volumes of journals published by Sri Aurobindo Ashram and Sri Aurobindo Society were researched to identify relevant material.
- The selections were organised in various themes so that each topic can be explored in a multi-perspective manner.
- All the material was thoroughly scanned and wherever necessary minor formatting revisions were made to present the material digitally.

- Selected quotes were pulled out for designing the graphics which were inserted to add greater visual interest and ease of virtual reading; and also for the purposes of dissemination over social media.

Preparing Original Content

- We also invited original content on the chosen themes in the form of short articles, essays, poetry and reflections.
- A careful review was done of all submitted content to select appropriate content for inclusion in the journal.
- Apart from write-ups, we also created audio-visual content in the form of invited talks, interactions, webinars, workshops etc.
- We also conducted several workshops, talks, webinars and exhibitions and other such activities based on our selected themes.

Preparing Web-based Journal

- All the researched, prepared, collated and reviewed material was transferred every month to our website [Renaissance](#) ensuring that all research is available in the public domain.
- Detailed attention to detail – both for the design and accuracy of the content – was paid when transferring the researched material to the Renaissance website.
- Proper citations were added to every selection linking them to online sources wherever possible. This allows a prospective reader to explore further if so desired.

DISSEMINATION OF FINDINGS:

- All our researched material including original writings related to the themes explored in our research project was uploaded on our website and carefully categorised for easier access.

- All detailed reports of our offline and online activities related to the selected themes – including webinars, seminars, workshops, video content, invited talks, poster exhibitions etc – were also uploaded on our website.
- For each of the issues, Dr. Beloo Mehra wrote insightful editorials giving an overview of the work completed for a particular theme.
- A Total of 100 on the theme were published in Renaissance on the theme of ‘The Spirit and Forms of Indian Art’
- Following forms of content were prepared to present our research findings:
 - Long-form written content (including researched compilations, original writings, video content, reports of practical sessions, invited talks and other related fieldwork).
 - Short-form flipbook content
 - Exhibition posters
 - Posters for social media and journal website

RESEARCH CONCLUSIONS:

India had conceived the whole philosophy of her art, early on in the Vedic period itself, emphasises E.B. Havell in *Ideals of Indian Art*. The highest vision of the Vedic seers, the vision of the Infinite that is revealed and yet hidden in all the finite forms of the existence, materialised in the later periods in the wonderful forms of all Indian art.

An ear of mind withdrawn from the outward's rhymes

Discovered the seed-sounds of the eternal Word,

The rhythm and music heard that built the worlds,

And seized in things the bodiless Will to be....

~ Sri Aurobindo, *Savitri*, p. 273

Our rishis tell us that at the origin of the creation was the primordial sound, Nāda Brahman. Therefore, a deep harmony and a rhythmic vibration hide in each and every atom

in the universe. Harmony and music are inherent everywhere, in the heart of man, in the heart of nature, in the very heart of the existence.

Perhaps the heart of the God is forever singing. And who is listening to all the music that comes throbbing out to create the worlds? Let us hear from Sri Aurobindo as he sings in *The Meditations of Mandavya*:

*A sudden silence and a sudden sound,
The sound above and in another world,
The silence here; and from the two a thought.
Perhaps the heart of God for ever sings
And worlds come throbbing out from every note;
Perhaps His soul sits ever calm and still
And listens to the music rapturously,
Himself adoring, by Himself adored.
So were the singer and the hearer one
Eternally...*

~ CWSA, Vol. 2, p. 514

Such is the musical way our rishis have sung of the *śṛṣṭi* (*srishti*), the entire creation. The *Nāṭyashāstra*, the ancient Indian encyclopedic text on Performing Arts, says that it was through the *nāda*, the primordial sound comes *śruti* (the interval). And from there the music begins. From *śruti* comes *swara* (scale), from *swara* the *rāga* (motif), from *rāga* comes *gīta* (song), and the soul of the *gīta* is *nāda* itself.

We find a similar idea in *Bṛihaddeshi*, another ancient text on Indian classical music (circa 5th to 6th century CE), attributed to Matanga Muni:

*“There is no song without the nāda,
Nor music without it;
Without nāda there is no dance.
Indeed the whole creation itself is nāda.”*

It is often said that Indian music emerged from a mythical past, a past before humans started recording history. Gods and goddesses were the makers of music then. *Nāda Brahman* is a vibration that fills the unmanifested void, featureless and undifferentiated, from which music emerges, embodied as Rāga. The *Pranava Mantra*, “OM”, is believed to belong to this category, a mysterious vibratory presence, the embodied creative power of the One.

For someone asking for a physical verification of such legendary past, the only reasonable and true response is that from the perspective of Indian ways of knowing, inner experience is an equally valid way to verify the truth. And the truths towards which inner experience points are always the same, regardless of the age. The Mother in her conversation dated October 27, 1962 speaks at length about the origin of music, in fact all arts, to be same as the plane of the gods. We also find Sri Aurobindo attributing the origin of all Music to the laughter of the Divine.

*All music is only the sound of His laughter
All beauty the smile of His passionate bliss;*

~ Sri Aurobindo, Who, CWSA, Vol. 2, p. 202

The Divine Laughter expresses the Divine Delight, Ananda; in fact all Beauty, says Sri Aurobindo is an expression of Ananda on the physical plane. Speaking of the origin of Art in India, E. B. Havell writes in *The Ideals of Indian Art* (1912) that India had conceived the whole philosophy of her art, early on in the Vedic period itself.

How was Art conceived? We may say that it happened when that wonderful intuition flashed upon the Indian mind that the soul of man is eternal and one with the Supreme Soul, the Lord and Cause of all things. The Rishis who expressed their spiritual realisations and experiences through the mantra-s and sang of the Spirit behind Nature in beautiful imagery were great artists. They gave to India monuments more durable than bronze.

Indian Art – an Expression of the Divine

“The whole basis of Indian artistic creation, perfectly conscious and recognised in the canons, is directly spiritual and intuitive.”

~ Sri Aurobindo, CWSA, Vol. 20, p. 257

The deep connection between Indian art and sacred ritual, right from the Vedic *yajña*, continues till today in myriad forms of temple worship. The outer ritual of *yajña* may be seen as a sacred theatre engaging all the senses. And it facilitates a revelation or a realization or a moment of transcendence. Such experience is also possible when one stands before a great work of art.

Art in India has thus not been separated from the Divine, just as the Divine is not separate from the individual. In the West today, one finds the best art in the sterile atmosphere of a museum or a gallery. But to this day the best of Indian art is to be found in the great temples of India. Sri Aurobindo emphasises that the greatness of Indian art is, in truth, the greatness of all Indian thought and achievement. He points out a few specific points when speaking of this greatness:

- recognition of the persistent within the transient,
- recognition of the domination of matter by spirit,
- the subordination of the insistent appearances of Nature (Prakriti) to the inner reality which, the Mighty Mother of All Creation veils in a thousand ways even while she suggests.

The great temples of India are magnificent works of art. And so are the countless sculptures that make the temple — inside and outside. And there are also the performances of dance and music in their *nātyamanadapa*-s, and the murals that adorn its walls.

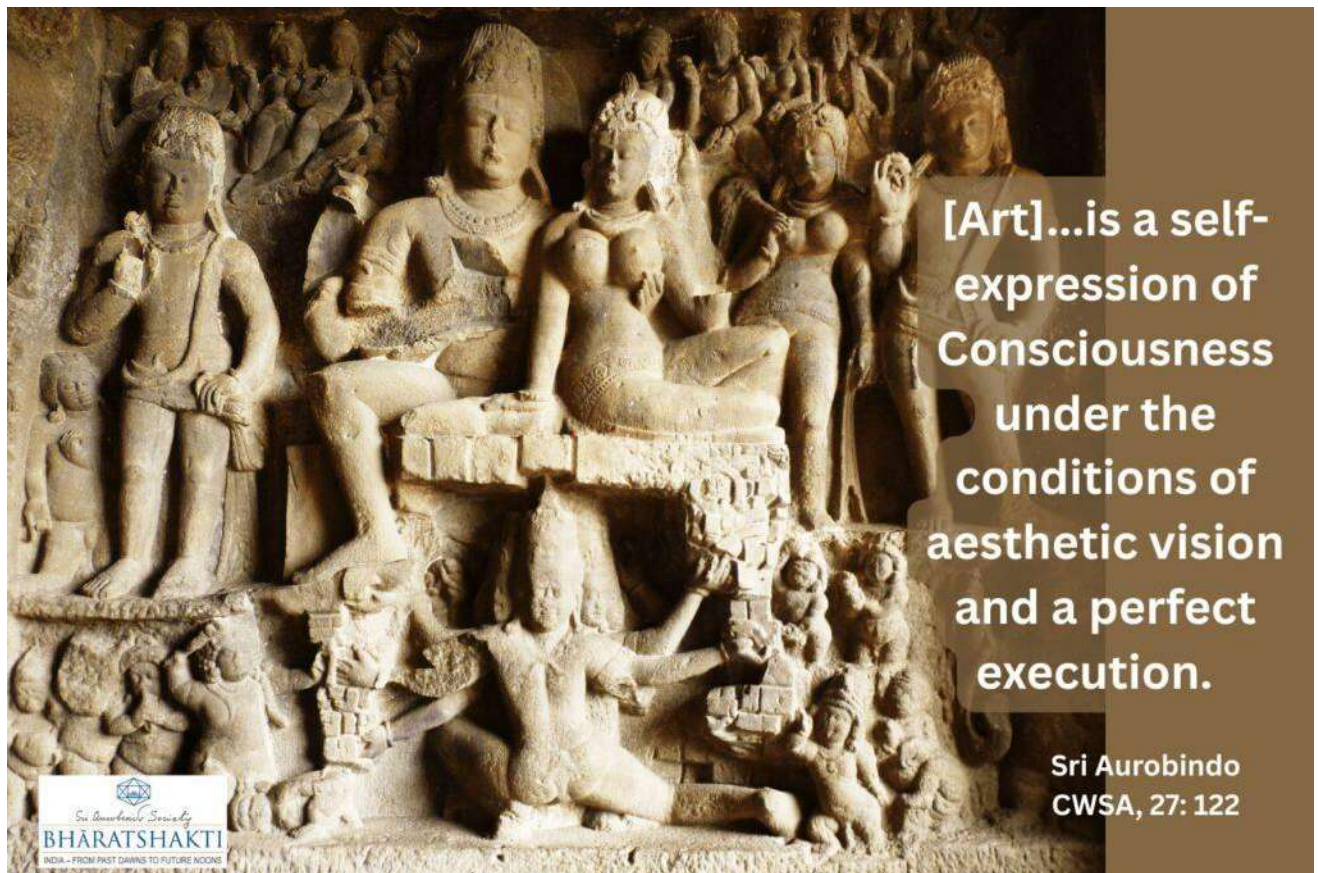
The highest vision of the Vedic seers, the vision of the Infinite that is revealed and yet hidden in all the finite forms of the existence, materialised in the later periods in the wonderful forms of all Indian art. This includes painting, sculpture, music, dance and more. Hindu and Buddhistic art, Sri Aurobindo says, have been very largely a “hieratic aesthetic

script of India's spiritual, contemplative and religious experience." And this is why, he speaks that the highest purpose of the great Indian art is to disclose something of that highest experience.

"Its highest business is to disclose something of the Self, the Infinite, the Divine to the regard of the soul, the Self through its expressions, the Infinite through its living finite symbols, the Divine through his powers. Or the Godheads are to be revealed, luminously interpreted, or in some way suggested to the soul's understanding or to its devotion, or at the very least to a spiritually or religiously aesthetic emotion."

~ CWSA, Vol. 20, p. 267

EXPLORE IN RENAISSANCE.



SECTION 3: DISSEMINATION ACTIVITIES

PART 1 - DISSEMINATION THROUGH ONLINE PERIODICALS

Curating, Editing and Publishing

- A. *Renaissance* and *Renaissance Redux* feature curated pearls of wisdom from the oceanic writings of Sri Aurobindo and the Mother, as well as fresh perspectives and insights on India and her creative genius manifesting in various domains – spiritual, artistic, literary, philosophic, aesthetic.
- B. *Sri Aurobindo Circle* (1945-1998) contained articles on a range of topics from senior members of Sri Aurobindo Ashram as well as other sadhaks, scholars and devotees. To make some of these gems available to the current audience, in August 2025 we launched *The Best of Sri Aurobindo Circle*, a semi-annual online publication to be released on August 1 and February 1 every year.

Themes Explored in Monthly *Renaissance*

April 2025 to March 2026

- i. [Sculptural Art of India](#) (April 2025) – 10 articles
- ii. [Indian Painting](#) (May 2025) – 9 articles including 1 Video (conversation with a self-taught artist inspired by Sri Aurobindo's Integral Vision)
- iii. [Diversity of Artistic Expressions in India](#) (June-July 2025) – 9 articles including 2 Videos (Conversation with a Dancer and Natyashastra enthusiast)
- iv. [The New Ideal Given by Sri Aurobindo](#) (August 2025) – 8 articles
- v. [The Spiritual Solution to Present Crisis](#) (September 2025) – 9 articles + 1 video
- vi. [Human Evolution and the New Ideal](#) (October 2025) – 6 articles
- vii. [Life and the New Ideal](#) (November - December 2025) – 8 articles including 2 Videos

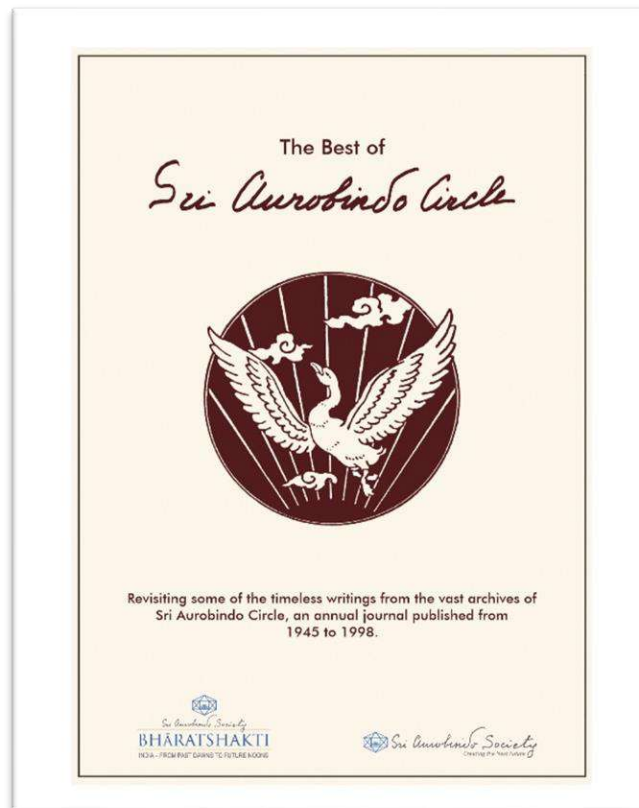
- viii. [Mind and the New Ideal](#) (January 2026) – 9 articles
- ix. [The Next Future](#) (March 2026) – 7 articles

Themes Explored in Quarterly *Renaissance Redux*

- 1. [On Life, Literature and Yoga](#) - April 2025 - PDF of the issue attached in Appendix.
- 2. [Sri Aurobindo's Avataric Work](#) - August 2025 - PDF attached in Appendix.
- 3. [The Divine in Nature](#) - November 2025 - PDF attached in Appendix.
- 4. [The Mother Divine](#) - February 2026 - PDF attached in Appendix.

Themes Explored in Semi-Annual *The Best of Sri Aurobindo Circle*

- 1. [Ramayana's Impact on National Mind](#) - August 2025 - PDF attached in Appendix.
- 2. [Sri Aurobindo and Indian Aesthetics](#) - February 2026 - PDF attached in Appendix.



LIST OF *RENAISSANCE* ARTICLES 2025-26

APRIL 2025:

[The Gods of Indian Sculpture](#) – Beloo Mehra

[Spiritual Motive of Indian Sculptural Art – I](#) – Sri Aurobindo

[Spiritual Motive of Indian Sculptural Art – II](#) – Sri Aurobindo

[Sri Aurobindo and Indian Aesthetics – Part 1](#) – Sisirkumar Ghosh

[The Origin of Image Worship in India](#) – TA Gopinatha Rao

[Unearthing the Path: My Indian Story](#) – Beloo Mehra

[Tabo: A Lamp for the Kingdom](#) – Narendra Murty

[From the One Formless to Many Forms](#) – Renaissance Editor

[Video-lecture: Ayurveda and Yoga in Indian Temple Sculptures](#) – Rekha Rao

[Art in India: A Quick Historical Look – 2](#) – Jishnu Guha

MAY 2025:

[Painting's Highest Motive – To Spiritualise the Sensuous Appeal](#) – Beloo Mehra

[The Art of Painting in India – 1](#) – Sri Aurobindo

[The Art of Painting in India – 2](#) – Sri Aurobindo

[Nandalal Bose: An Indian Artist](#) – Jishnu Guha

[Of Rama, Sita and Veerabhadra: The Grand Temple at Lepakshi – 3](#) – Beloo Mehra

[Sri Aurobindo and Indian Aesthetics – Part 2 \(Video\)](#) – Sisirkumar Ghose

[A Conversation on Art, Creativity and Inner Quest \(Video\)](#) – Beloo Mehra

[Self-control: A Tale Told by the Mother \(Video\)](#) – Biswajita Mohapatra

[Book Review: 'Antaryatra: Soul Journeys' by Beloo Mehra \(with Video\)](#) – Nand Kishore

JUNE -JULY 2025:

[A Conversation on Nāṭyaśāstra & Contemporary Indian Society \(Video\)](#) – Beloo Mehra

[Of Silken Threads that Bind Life and Art](#) – Beloo Mehra

[How to ‘See’ Indian Painting – Two Examples by Sri Aurobindo](#) – Sri Aurobindo

[Sri Aurobindo and Indian Aesthetics – Part 3 \(with 3 videos\)](#) – Sisirkumar Ghose

[When Ustad Alauddin Khan Visited the Ashram](#) – Samir Kanta Gupta

[Selections from Tagore, in Translation](#) – Rabindranath Tagore

[Appreciating Indian Genius through Exploring Traditional and Digital Arts](#) -
Narendra Joshi

[Whispers Among Ruins: Angkor, Bhārata Shakti, and the Future She Beckons](#) – Sunil
Kumar

[On Gond Painting and Changing Times](#) – Beloo Mehra

[Tantric Art as Visual Metaphysics](#) – Narendra Murty

[When A Walk in the Park Helps a Poem Blossom](#) – Nispriha Sharma

AUGUST 2025:

[Sri Aurobindo and the New Ideal](#) – Beloo Mehra

[A New Orientation for the Spiritual Ideal](#) – Sri Aurobindo

[The Despot and the Strength of the Idea](#) – Sri Aurobindo

[Sri Aurobindo in Politics – An Eye-witness Account](#) – VV Athalye

[The Age of Sri Aurobindo \(with video\)](#) – Nolini Kanta Gupta

[India Between Memory and Myth: Resurrecting the Future of Sri Aurobindo’s Dream](#)
– Sunil Kumar

[The Mighty Pen of Sri Aurobindo: Bande Mataram](#) – Sujata Nahar

[Inner Preparation for the Darshan Day – 15 August Special \(with Video\)](#) – Sri
Aurobindo and the Mother

SEPT 2025:

[India's Message: The Spiritual Solution](#) – Beloo Mehra

[Spiritual Culture and Application of Spirituality to Life – 1](#) – Sri Aurobindo

[Spiritual Culture and Application of Spirituality to Life – 2](#) – Sri Aurobindo

[Teaching Children about Inner Reality – 1](#) – The Mother

[Teaching Children about Inner Reality – 2](#) – The Mother

[Video: What Made the Age of Upanishads Possible?](#) – Suhas Mehra

[The Upanishads Elucidated: Indrajāl – Be a Spark-ling in Indra's Cosmic Net – 1](#) –
Lopa Mukherjee

[The Upanishads Elucidated: Indrajāl – Be a Spark-ling in Indra's Cosmic Net – 2](#) –
Lopa Mukherjee

[Video: Sri Aurobindo's Advice to Students](#) – Suhas Mehra

OCT-NOV 2025:

[The Next Stage in the Human Progress](#) – Beloo Mehra

[The Evolutionary Crisis and Human Destiny – 1](#) – Sri Aurobindo

[The Evolutionary Crisis and Human Destiny – 2](#) – Sri Aurobindo

[Science and Spirituality: An Unnecessary Antimony and a Harmonious Reconciliation – I](#) – Jugal Kishore Mukherji

["An Awakened Dynamic Spiritual Reality"](#) – Nolini Kanta Gupta

[Book Review: 'The Religion of Wonder' by Narendra Murty](#) – Ramesh Bijlani

DEC 2025:

[On Life, Spirit, and the New Ideal](#) – Beloo Mehra

[Science and Spirituality: An Unnecessary Antimony and a Harmonious Reconciliation – 2](#) – Jugal Kishore Mukherji

[Sri Aurobindo On the Master Idea of India \(Video\)](#) – Suhas Mehra

[Sri Aurobindo's Response to a Sceptic](#) – Narendra Murty

[Book Review: 'Understanding Contemporary India in the Light of Sri Aurobindo'](#) – Charan Singh Kedarkhandi

[Human Software 2.0 – Next Step in Evolution](#) – Shraddhanjali Nayak

[Cheerfulness – A Tale Told by the Mother \(Video\)](#) – Biswajita Mohapatra

[The Stillness Between Two Hearts](#) – Venkat Manthripagadha

JANUARY 2026:

[Preparing the Mind of a Nation](#) – Beloo Mehra

[Mother India, a Spiritual Light](#) – Amal Kiran

[Revisiting Sri Aurobindo's "The Hour of God"](#) – Norman C Dowsett

[Woman and Nation in 'Rajmohan's Wife' – 1](#) – Beloo Mehra

[Woman and Nation in 'Rajmohan's Wife' – 2](#) – Beloo Mehra

[Science and Spirituality: An Unnecessary Antimony and a Harmonious Reconciliation – 3](#) – Jugal Kishore Mukherji

[Book Review – Revolutionaries: The Other Story of How India Won Its Freedom by Sanjeev Sanyal](#) – Ashish Iyer

[Bankim's Heroines: A Conversation Translated from Bengali](#) – Nolini Kanta Gupta

[Science and Spirituality: A Tango of Spirit and Matter](#) – Preeti Mahurkar

MARCH 2026:

[Sri Aurobindo's Conception of the World](#) – Beloo Mehra

[The Work of Today for a Supramental Future](#) – Chitra Kolluru

[The Sun-eyed Children of a Marvellous Dawn \(Poem\)](#) – Sanjeev Patra

[Envisioning the Future Society – 1](#) – Beloo Mehra

[Envisioning the Future Society – 2](#) – Beloo Mehra

[How Shall We Grow in Greatness?](#) – Amal Kiran

[From Sadhana to Superconsciousness: Sanatana Dharma as a Civilisational Imperative](#) – Sunil Kumar

PART II - DISSEMINATION THROUGH EDUCATIONAL PROGRAMMES INCLUDING WORKSHOPS, SEMINARS, CONFERENCES, GUEST LECTURES

Sl. No.	Name of the Activity/ Programme/ Workshop/ Seminar	Dates/Period	No. of participants	Place
1.	Workshop for Teachers <i>“Sanskriti ँ Svādhyāya’</i> : Insights from Integral Yoga and Indian Spiritual Tradition on Love and Relationships	September 19-20, 2025	75+ Teachers and School administrators	Freedom Land, Creative School, Bengaluru
2.	Workshop for Teachers <i>Samvṛddhi</i> : Deepening Our Roots and Growing with Others (Two-day Workshop for Teachers)	May 20-21, 2025	50+ Teachers and School administrators	Dayanand Arya Vidya School, Bengaluru

3.	Workshop Invoking Shakti: <i>Kala, Sanskriti evam Sadhana</i>	September 15-17, 2025	300+ students, ages 12-18 + 20 teachers	Freedom Land, Creative School, Bengaluru
4.	Residential Retreat “Four Powers of the Mother	28-30 November, 2025	40 participants	Sri Aurobindo Dhama, Karnataka
5.	Workshop YUVĀ SHAKTI – ‘Know Bhārat Through Art’	February 17, 2025	35 students (ages 20-25) from Sardar Patel University, Gujarat	Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat
6.	Workshop Sri Aurobindo and Indian Freedom Movement	November 28, 2025	75 students (ages 12-16) + 15 teachers	Om Shanti Dham Gurukulam, Karnataka
7.	Workshop Utsaha –The Joyful and Contemplative Spirit of Navaratri	September 23, 2025	50 students (ages 13-16) + 10 teachers from Sri Aurobindo Centenary School, Tadipatri, Anantapur Dist, Andhra Pradesh	Sri Aurobindo Society, Pondicherry

8.	Workshop Invoking Shakti: Art Appreciation for Children	September 12, 2025	90 students (ages 3-9)	Creative School, Bengaluru
9.	Workshop Yuvā Shakti – Indian View on Character Development	June 2, 2025	25 students (ages 20-25) + 5 professors from Sardar Patel University, Gujarat	Sri Aurobindo Society, Pondicherry
10.	Video-based IKS Courses for Karmayogi Bharat 1. Revisiting Gender Equality Through the Indian Spiritual Vision 2. Money And Consciousness: Indian Wisdom and Sri Aurobindo's Vision	Release Date: November 13, 2025 Release date: July 16, 2025	As of April 30, 2026 more than 5000 professionals have enrolled in these courses, and more than 4000 have completed.	Online - iGOT Karmayogi platform - National Programme for Civil Services Capacity Building (NPCSCB)
11.	International Conference	February 12-15, 2026	150+ participants on campus and another 100+ online from across the world	AURO University, Surat

	Discovery and Application of Vedic Knowledge			
12.	Four Courses on Sri Aurobindo Studies 1. Love, Human Relations and New Consciousness 2. A Spiritual Approach to Stress Management 3. Inner Discovery – Introduction to Meditation in Integral Yoga 4. Self-Management Lessons from the Gita	April 26-May 24, 2025 July 5-Aug 9, 2025 Sept 26-Oct 5, 2025 Feb 28-March 28, 2026	80 participants in total for these 4 courses	Online
13.	National Webinars on IKS and Sri Aurobindo Studies (12) A total of 12 webinars were organised, some	April 2025-March 2026	About 750+ participants participated in these webinars	Online

	continuing over multiple days			
14.	Poster Exhibition A Brief Study of Ajanta	September 15-October 31, 2025	375+ students and teachers and parents went through the posters	Freedom Land, Bengaluru
15.	Poster Exhibition Kailasha Cave Temple, Ellora: A Set Of Stories The Temple Story, The Sculpture Story, An Indian Story	September 15-October 31, 2025	375+ students and teachers and parents went through the posters	Freedom Land, Bengaluru
16.	Poster-Exhibition Sri Aurobindo and Indian Freedom Movement	November 27 - December 4, 2025	100+ students and teachers and parents went through the posters	Om Shanti Dhama Gurukulam, Karnataka
17.	Poster Exhibition Essentials of Indian Art	February 16-22, 2026	100+ people went through the exhibition	Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat

22.	Poster-Exhibition Sri Aurobindo on Yoga – Poster- Exhibition at International Yoga Festival, Puducherry	January 4-7, 2025	300+ people visited the exhibition	30th International Yoga Festival, Old Port Premises, Puducherry
23.	Poster-Exhibition Sri Aurobindo on Yoga – Poster- Exhibition at International Yoga Festival, Puducherry	August 5-25, 2025	150+ people visited the exhibition	Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat

PART III - DISSEMINATION THROUGH INVITED TALKS AND PRESENTATIONS (n = 56)

Talks by Beloo Mehra (Total = 49)

- Only included are selected talks/presentations at external events or at events organized in collaboration with other institutions. SEE [HERE](#) FOR DETAILED REPORTS OF ALL TALKS

Sl. No.	Name of the Talk/ Presentation	Dates/ Period	No. of participants	Place
1.	INVITED MEMORIAL LECTURE SHRI A.B. PATEL MEMORIAL LECTURE – वन्दे मातरम्: Sri Aurobindo's Vision and Work for the Resurgence of Bhārat	February 17, 2026	150+ participants EVENT Annual A. B. Patel Memorial Lecture organised by Sri Aurobindo Chair of Integral Studies, Sardar Patel University	Sardar Patel University, Gujarat

2.	MEMORIAL LECTURE K. R. SRINIVASA IYENGAR MEMORIAL LECTURE: Sita's Initiation: Glimpses from 'Sitayana, Epic of the Earth-born'	April 17, 2025	70+ participants EVENT: Birth Anniversary Memorial Lecture for Prof. K.R. Srinivasa Iyengar organised by Sri Aurobindo Society, Chennai.	Sri Aurobindo Society, Chennai
3.	INVITED TALK Making of Hero-Warriors: Vedic Insights on Integral Education	February 13, 2026	200+ participants EVENT: International Conference on Discovery and Application of Vedic Knowledge	AURO University, Surat
4.	INVITED TALK Swami Dayananda Saraswati and Indian Renaissance: Insights from Sri Aurobindo	February 12, 2026	300+ students, faculty, scholars EVENT: International Conference on Discovery and	AURO University, Surat

			Application of Vedic Knowledge	
5.	INVITED TALK Living a Purposeful Life	February 17, 2026	150+ participants EVENT: Human Resource Development Week, National Dairy Development Board, Gujarat	National Dairy Development Board, Anand, Gujarat
6.	INVITED TALK Yogic Insights for Business Managers and Leaders	June 20, 2025	50+ participants EVENT: Special Faculty Research Seminar Series, Organised by Management Development Institute (MDI), Murshidabad	Online
7.	INVITED TALK Panelist for the session on Integral Education	March 3, 2026	50+ participants EVENT: Global Spirituality Mahotsav, 2026 organised by Auroville Foundation	Unity Pavilion, Auroville
8.	INVITED TALK	January 31, 2026	30+ participants	Online

	The Vastness of Learning: Maheshwari and Integral Education		EVENT Organised by - La Grace – Sri Aurobindo Integral Life Center, South Carolina, USA	
9.	INVITED TALK When the Divine Came Down into the Material – Significance of Siddhi Divas	February 16, 2026	40+ participants EVENT: Special Guest Speaker Series	Sri Aurobindo Sadhana Kendra, Vallabh Vidyanagar, Gujarat
10.	INVITED TALK माँ भगवती का यज्ञ – The Sacrifice of the Divine Mother	February 12, 2026	70+ participants EVENT: Thursday Satsang Series on the Works of Sri Aurobindo and the Mother	Sri Aurobindo Society Center, Surat, Gujarat
11.	INVITED TALK Contemporary Significance of Sri Aurobindo's Spiritual View of Nation and Nationalism	November 18, 2025	120+ participants EVENT: National Certificate Course on “Integrating Indian Knowledge Systems in Academia through NEP 2020: A Vision for Civilizational	Online

			Reclamation”, Nov 17-28, 2025 Organiser: Indian Knowledge Systems Cell, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, Punjab, in collaboration with Nucleus of Learning and Development	
12.	INVITED TALK The One Whom We Adore as the Mother	November 17, 2025	150+ participants EVENT: A Tribute to the Mother on Her Mahasamadhi, organised by Sri Aurobindo Society, Delhi Branch	Online
13.	INVITED TALK Vedic Yajña: “A mutual debt binds man to the Supreme”	November 15, 2025	25+ participants EVENT: YES TALKS, organised by Sri Aurobindo Ashram, Delhi	Online

14.	INVITED TALK Recovering the Aryan Spirit: Some Reflections on the Mother's Symbol	October 11, 2025	50+ participants EVENT: National Conference on "Yoga for Women Empowerment" organized by School of Yoga Therapy, Sri Balaji Vidyapeeth in collaboration with Morarji Desai National Institute of Yoga (MDNIY), Ministry of AYUSH, Govt. of India	Sri Aurobindo Pathamandir, Kolkata
15-16.	TWO INVITED LECTURES Spiritual Nationalism of Sri Aurobindo	September 2-3, 2025	For Political Science Students ORGANISER: Department of Political Science, St. Xavier's College, University of Mumbai	Online
17.	INVITED TALK Partition Memories, Family Narratives	August 14, 2025	80+ participants EVENT: Partition Horrors Remembrance Day Organiser: Indira Gandhi National	Franco-Tamil Villa Meeting Room, Art and Craft Village, Puducherry

			Centre for the Arts, Regional Centre Puducherry	
18.	INVITED TALK Exploring Hampi as a Template for Inner Architecture	July 18, 2025	50+ participants EVENT: Pondicherry Invention Festival (July 18-20, 2025) Organiser: Aurodhan, Pondicherry	Aurodhan Gallery, Puducherry

Talks by Narendra Murty (Total = 7)

- Only selected talks are mentioned below. SEE [HERE](#) FOR DETAILED REPORTS OF ALL TALKS

Sl. No.	Name of the Talk/ Presentation	Dates/ Period	No. of participants	Place
1.	INVITED TALK Sri Aurobindo: The Revolutionary, The Yogi	January 10, 2026	75+ participants EVENT: Bhopal Literature Festival	Bharat Bhavan, Bhopal

2.	INVITED TALK Making Sense of Hinduism	November 8, 2025	30+ participants EVENT: YES TALKS, organised by Sri Aurobindo Ashram, Delhi	Online
3.	INVITED TALK Symbolism of the Human Chariot in the Kathopanishad	October 12, 2025	20+ participants EVENT: Sunday Satsang at Sri Aurobindo Ashram, Delhi	Sri Aurobindo Ashram, Delhi Branch
4.	INVITED TALK Man's Difficult Destiny	September 16, 2025	35+ participants EVENT: 4-day Workshop on "Sri Aurobindo's Savitri – A Whole Universe in Verse"	Sri Aurobindo Center for Advanced Research, Pondicherry

PART IV - DISSEMINATION THROUGH PUBLICATIONS

(n = 68)

➤ **A total of 68 publications included:**

- Books (3, including 2 by Beloo Mehra, 1 by Narendra Murty)
- Articles in National periodicals related to Sri Aurobindo Studies (11 by Beloo Mehra)
- Writings in *Renaissance* (21 - 18 by Beloo Mehra; 3 by Narendra Murty)
- Writings for Sri Aurobindo Integral Education Network Blog + BhāratShakti Blog (33, including 18 by Beloo Mehra, 9 by Narendra Murty, and 6 by guest authors)

Writings for Sri Aurobindo Society Journals and Blog

(42)

- Writings in *Renaissance* (21 - 18 by Beloo Mehra; 3 by Narendra Murty)
- Blogs by BhāratShakti Team (21)

Publications of Dr. Beloo Mehra, 2025-26

- 2 Books
- 11 Articles in National Journals related to Sri Aurobindo Studies, other than SAS journals (ATTACHED)
- 3 Blogs for Sri Aurobindo Integral Education Network (SAIEN)

Articles (Excludes Articles in Sri Aurobindo Society's Journals)

FULL ARTICLES ARE ENCLOSED

1. **Sita's Initiation: Glimpses from K.R. Srinivasa Iyengar's Sitayana** (February 2026), *Sraddha*, Vol. 17 (3), pp. 54-71.
2. **Becoming Conscious of the Divine in Nature** (August 2025), Sri Aurobindo Mandir Annual (No. 84), pp. 67-74
3. **Preserving and Reviving Aipan and Other Traditional Arts**, part 4 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (April 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (4), pp. 8-10
4. **Of Dots, Lines and Vibrant Colours of Gond Painting**, part 5 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (February 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (5), pp. 8-10
5. **The Delicate Murals in the Land of the Strong Bundela Rajputs**, part 6 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (January 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (6), pp. 8-10
6. **Pattachitra of Odisha**, part 7 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (July 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (7), pp. 8-10
7. **Kalamkari — from Temple Art to Textile Craft**, part 8 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (September 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (9), pp. 8-10
8. **Mithila — Painting from the land of Sita**, part 8 in the series, Kala Vaibhav: The Vibrant Arts and Crafts of India (October 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (10), pp. 8-10
9. **The Mantras I Grew Up With** (October 2025), *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 56 (10), pp. 12-13
10. **Deepening My Relation with the Mother via Writing** (January 2026) *Sri Aurobindo's Action – A Journal of Indian Resurgence*, Vol. 57 (1), p. 7

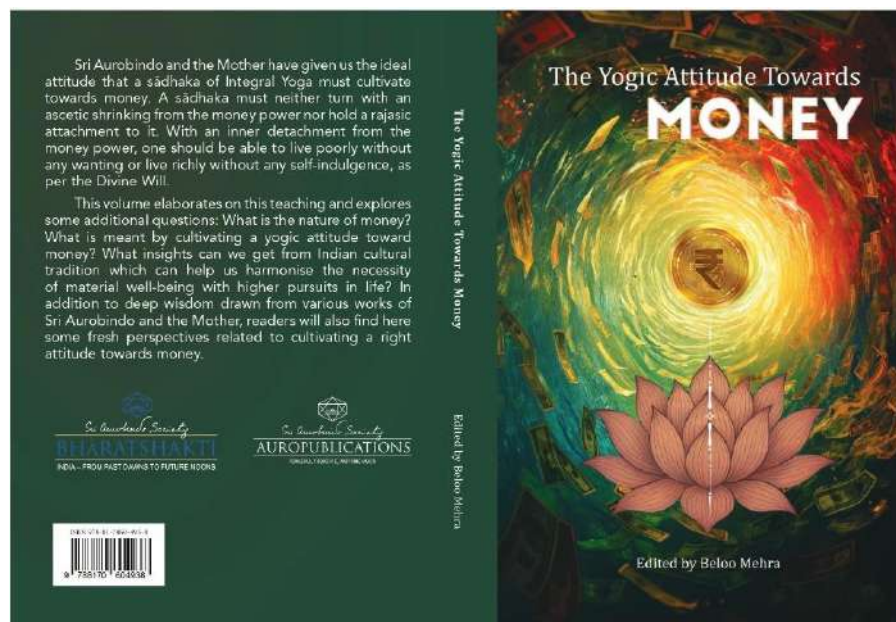
11. **Sādhana for India: Reflections on The Mother's Symbol** (August 2025),
Souvenir published by Auro Meera Media, released on August 14, 2025.

Blogs for SAIEN (Enclosed)

- [On Divine Grace and Personal Effort](#) (January 29, 2026)
- [Home Improvement, Self Improvement](#) (September 18, 2025)
- [Remember to Reject: Learning on the Way](#) (April 3, 2025)

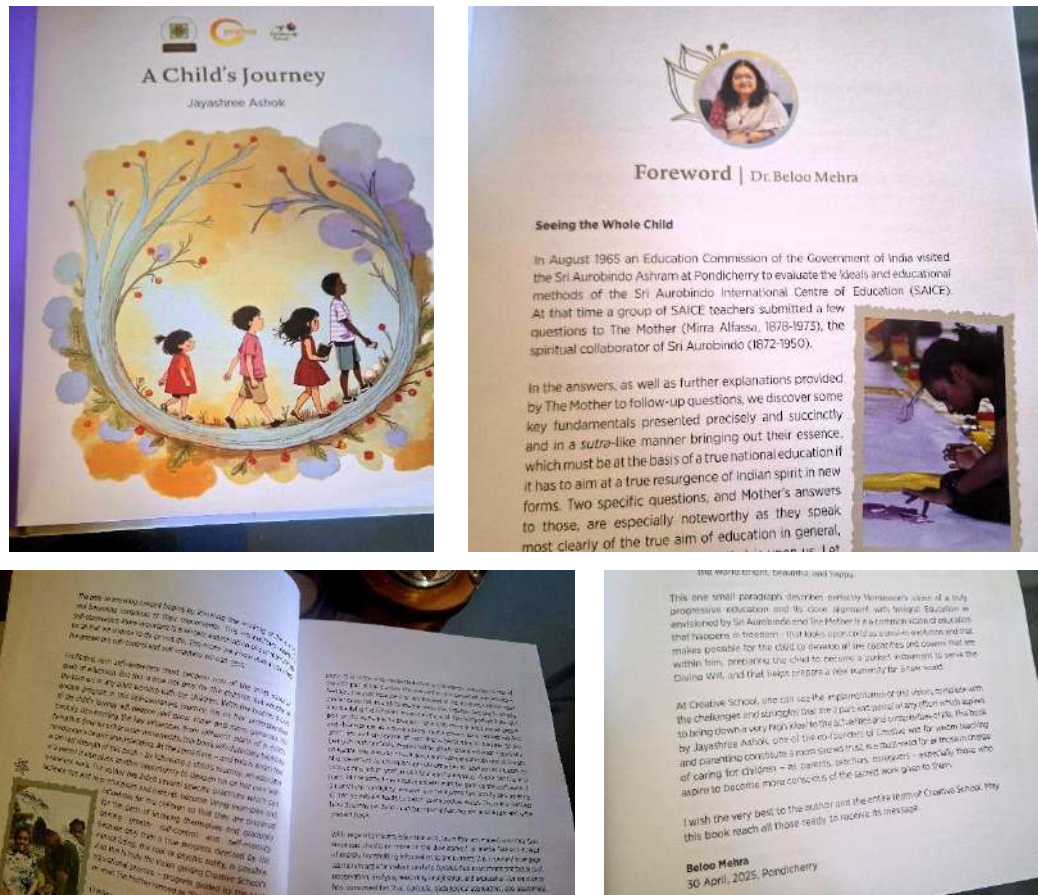
Books

1. Book (Edited): **The Yogic Attitude Towards Money** (November 2025, ISBN: 978-81-7060-493-8), Auropublications, Sri Aurobindo Society, Pondicherry
2. E-book (Edited): **The Yogic Attitude Towards Money** (July 2025, ISBN: 978-81-7060-492-1), Available [HERE](#).



Book Chapters

1. **Seeing the Whole Child – Foreword** for the book '*A Child's Journey*' by Jayashree Ashok (June 2025; published by The Healing Circle, Bengaluru)

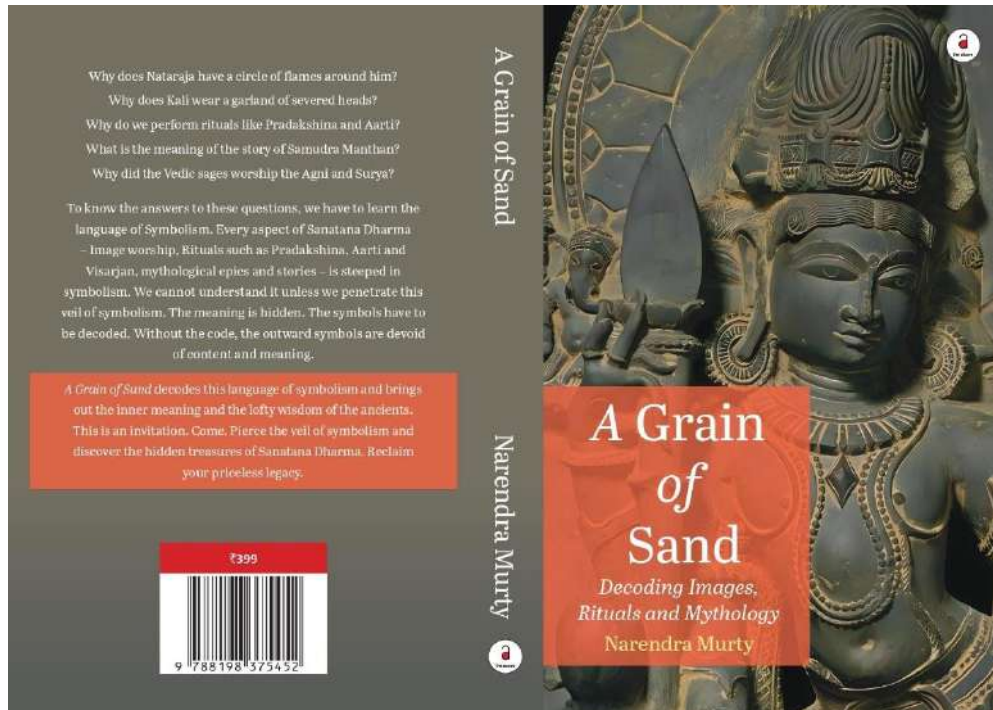


Curated Periodicals

1. Researched, edited and designed web-versions of NINE issues of [Renaissance Journal](#), Sri Aurobindo Society.
2. Researched, edited and designed web-version of FOUR issues of [Renaissance Redux](#), Sri Aurobindo Society
3. Researched, edited and designed web-version of THREE issues of [The Best of Sri Aurobindo Circle](#), Sri Aurobindo Society

Publications of Narendra Murty, 2025-26

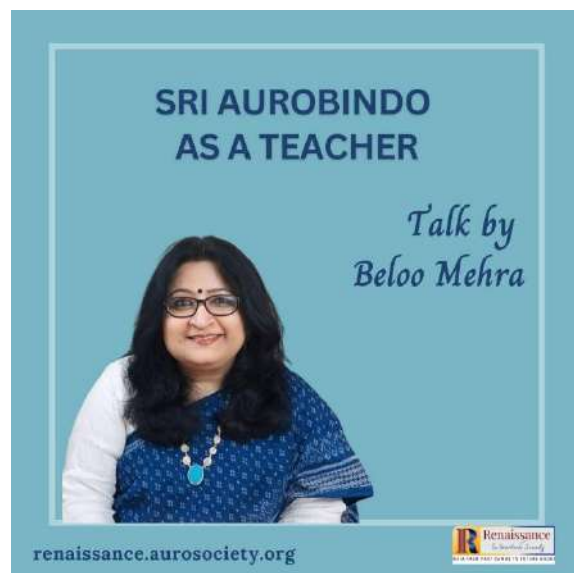
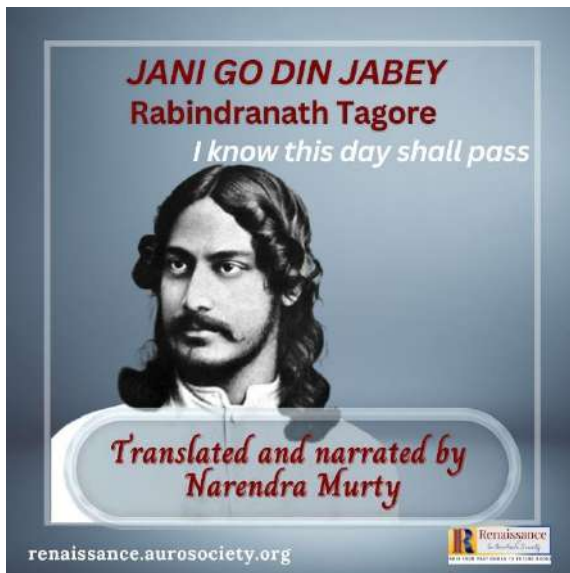
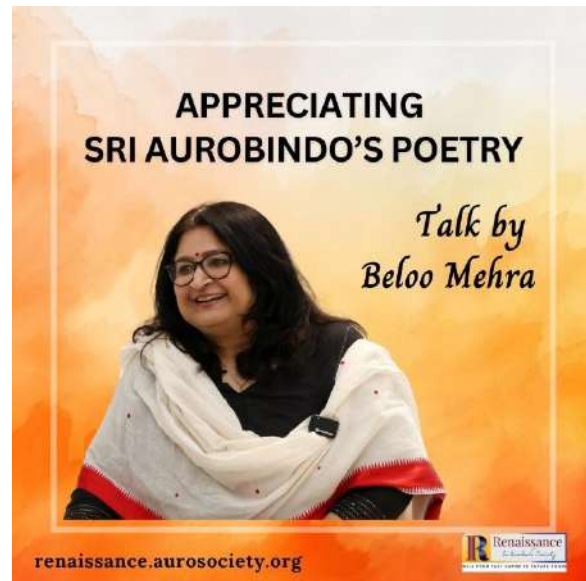
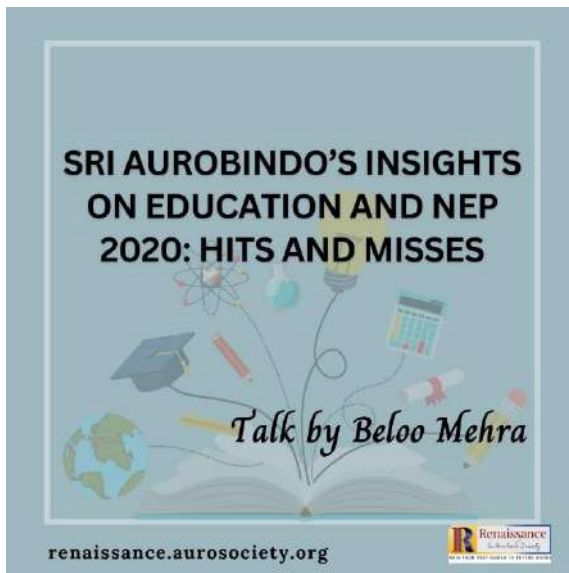
1. **BOOK: A Grain of Sand: Decoding Images, Rituals and Mythology** (May 2025, ISBN: 978-81-983754-5-2) Publisher: The Alcove Publishers, Gurgaon
2. **ARTICLE IN INTERNATIONAL MAGAZINE: Five Truths About Hinduism That Defy Every Cliché** (March 2026) T transcript of the talk titled “Making Sense of Hinduism” (Translated into Italian by Antonio Manzionna) *Rispirazioni*,
- 3.

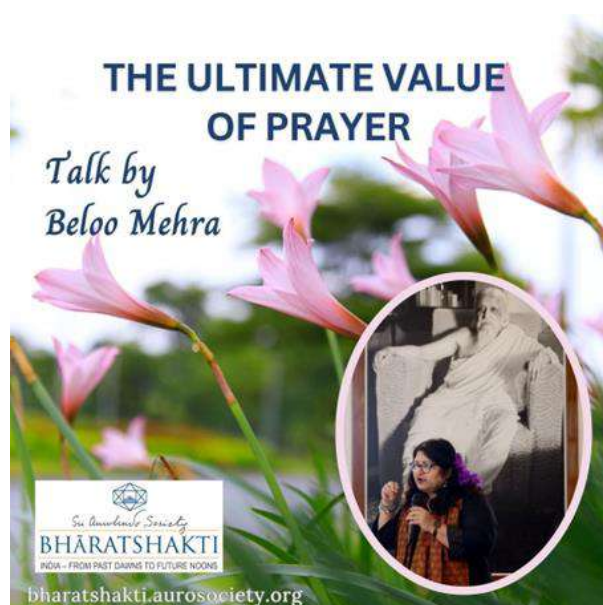
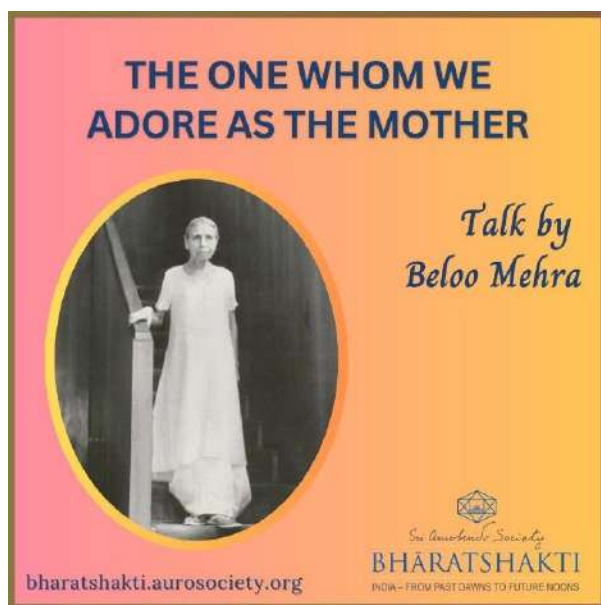
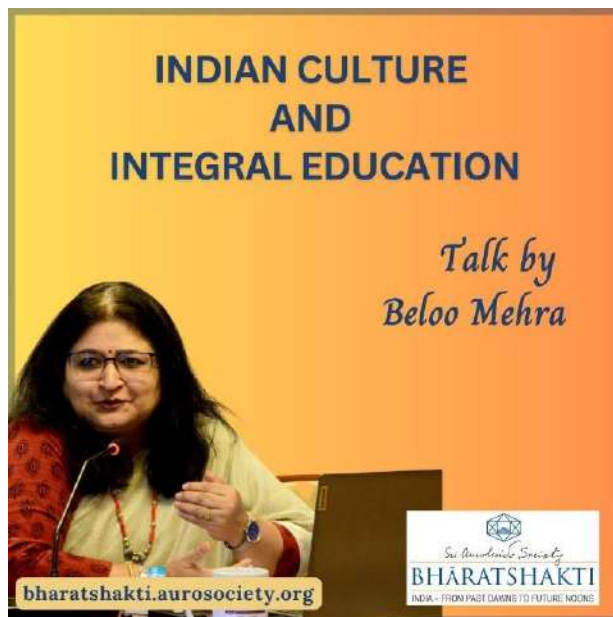


PART V - DISSEMINATION THROUGH PODCASTS

(n = 9)

(Click on the photo to access the podcast on Spotify)





VANDE MATARAM

Mantra of Indian Freedom Movement

Dr. Beloo Mehra
in conversation with
Dr. Vibha Vaishnav

for Radio Campus,
Sardar Patel University
Vallabh Vidyanagar



Painting by Abanindranath Tagore



SECTION 4: NEW PARTNERSHIPS & COLLABORATIONS

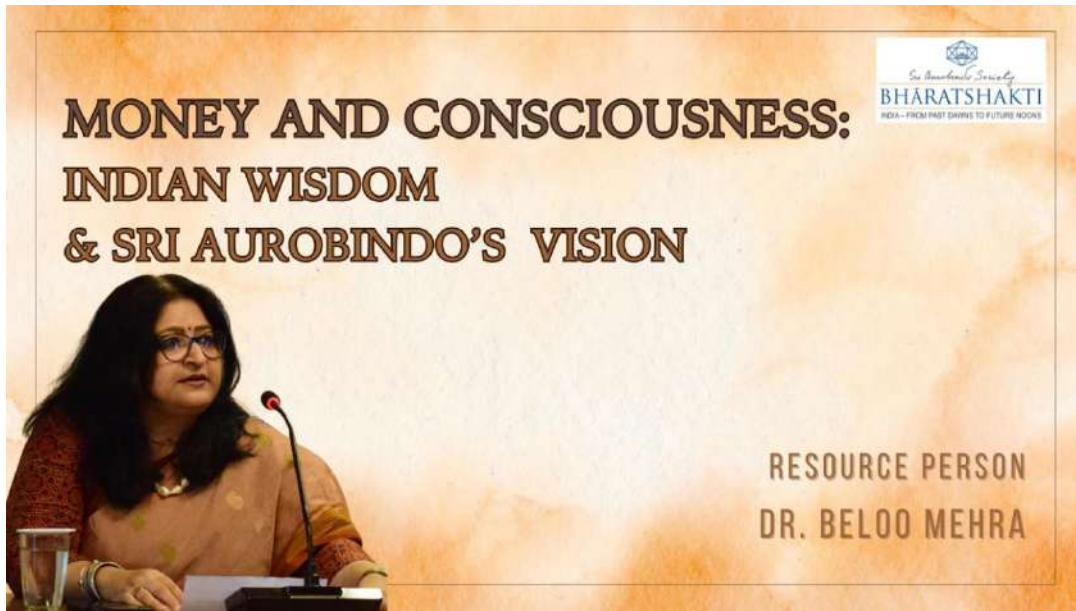
MoU with Karmayogi Bharat, Government of India

In 2025, an MoU was signed between Sri Aurobindo Society (SAS) and Karmayogi Bharat, a Government of India initiative under the National Programme for Civil Services Capacity Building (NPCSCB).

Under this MoU, Karmayogi Bharat and SAS decided to work together in actively building capacity of government officials in India through iGOT Karmayogi platform in the Central & State Government for expanding digital skills. The details of the MoU were worked out by BhāratShakti, the department of SAS responsible for creating appropriate learning content for iGOT Karmayogi platform.

In July 2025, our first course titled '[Money And Consciousness: Indian Wisdom and Sri Aurobindo's Vision](#)' was published. This three-module course with video content currently has a 4.6 Star rating (out of 5) with 1500+ participants rating the course for its content.

The second course titled '[Revisiting Gender Equality through the Indian Spiritual Vision](#)' was published at the iGOT Karmayogi learning platform on November 13, 2025. The course includes six short modules with video content and reflective assessments.

A photograph of Dr. Beloo Mehra, a woman with dark hair and glasses, wearing a patterned orange and red sari. She is seated at a podium with a microphone, looking towards the left. The background is a warm, textured orange and yellow gradient.

**MONEY AND CONSCIOUSNESS:
INDIAN WISDOM
& SRI AUROBINDO'S VISION**

RESOURCE PERSON
DR. BELOO MEHRA

Sri Aurobindo Society
BHARATSHAKTI
INDIA - FROM PAST DAWN TO FUTURE NOON

A photograph of Dr. Beloo Mehra, a woman with dark hair and glasses, wearing a white shawl with a red border over a black top. She is smiling and looking towards the camera. The background is a soft, ethereal blue and white misty or smoky texture.

**REVISITING GENDER
EQUALITY THROUGH THE
INDIAN SPIRITUAL VISION**

RESOURCE PERSON
DR. BELOO MEHRA

Sri Aurobindo Society
BHARATSHAKTI
INDIA - FROM PAST DAWN TO FUTURE NOON

SECTION 5: ONGOING RESEARCH PROJECTS

The New Ideal Given by Sri Aurobindo: Some Social-Cultural Perspectives

PRIMARY RESEARCHER: BELOO MEHRA

(*Renaissance* project started in August 2025)

Abstract

Indian spiritual view of life and existence holds the key to solving the problems humanity faces today. But for this to happen Indians must wake up to the true meaning of spirituality. Sri Aurobindo speaks of the triple message of India - psychical, spiritual and moral. He writes, "India believes in and has the key to a psychical world within man and without him which is the source and basis of the material" (CWSA, 8: 55). He cautions that Indians must not be content with knowing that they have inherited this great Wisdom. Just having an intellectual pride in this ancient wisdom will only lead to a chauvinistic pride. What is needed is real work on the ground! India "must rise up and live it before all the world so that it may be proved a possible law of conduct both for men and nations". (ibid.)

In her greatest eras, Indian spirituality "has not been a tired quietism or a conventional monasticism, but a high effort of the human spirit to rise beyond the life of desire and vital satisfaction and arrive at an acme of spiritual calm, greatness, strength, illumination, divine realisation, settled peace and bliss" (CWSA, 20: 132). This is the work we must do -- to live the truth of life-affirming spirituality, to rise beyond the life of vital satisfaction.

The aim of this research project is to identify insights and perspectives from the various works of Sri Aurobindo, the Mother and several other scholar-practitioners of Integral Yoga which will help us elaborate on the "spiritual solution" as the only solution for the varied challenges we face today in the world. Whether it is educational crisis, cultural decadence, ecological problems, social stratification, economic concerns or others, we shall look for the

deeper insight and penetrating light through which to examine both the challenge and the possible solution.

Kala Vaibhav: Indian Visual Arts in the Light of Sri Aurobindo

RESEARCHER: BELOO MEHRA

(Book project in Progress)

Abstract

The book will be written with an aim to help the readers develop an appreciation and understanding of some of the fundamentals of the Indian views of Art and Artistic Appreciation in the light of Sri Aurobindo's view of the fundamentals of Indian culture. The primary source material for research will be the writings of Sri Aurobindo, the Mother, and selected traditional texts on Indian aesthetics. The author will also study closely the works of a few other notable scholars on Indian arts whose works have been referred to by Sri Aurobindo in his writings on Indian art and culture. Some other contemporary works on Indian arts and aesthetics will also be explored. Wherever necessary, the author will try to interview a few contemporary artists and art historians for insights and explanations.

The focus of the book will be on visual arts, particularly painting and sculpture, though some discussion on temple architecture will also be included. The proposed book will primarily be put together as an explanatory volume for Sri Aurobindo's original writings on Indian Art so that an interested reader can go deeper into the work of Sri Aurobindo on his or her own.

In addition to integrating and synthesising the main themes explored in Sri Aurobindo's writings on related topics, and providing wider explanations of some of the key ideas, the author also proposes to incorporate several relevant examples which will serve as appropriate substantiation for some of the more general ideas included in the original essays of Sri Aurobindo. Wherever Sri Aurobindo has referred to some specific works of art

to illustrate some of his points, the author will go deeper into those examples to help the reader gain a wider and deeper understanding of the original idea of Sri Aurobindo.

A Lay Reader's Guide to Sri Aurobindo's *Savitri*

RESEARCHER: NARENDRA MURTY

(Book project in Progress)

Abstract

The book intends to give the general lay readers a TASTE of the sea of nectar that is Savitri. A devoted student of Savitri continuously for 7 years, the author started with a research question: Can I write about Savitri in a way that a general lay reader who has not read any of Sri Aurobindo's writings can understand and appreciate what is there in this mystical-spiritual masterpiece? There are countless devotees and seekers who sincerely want to learn and know about Savitri but they are daunted by its height and vastness.

For the general mass of seekers, Savitri requires interpretation and explanation. Though there have been eminent scholars who have written and spoken about Savitri, whose writings has enriched my own understanding of Savitri, the author feels that even their writings belong to a level that is beyond the reach of the general lay reader. Through this book he aspires to bridge the gap between the seeking heart and the wisdom of Savitri.

For clarity and ease of understanding instead of approaching Savitri in its totality, the author has identified 30 themes from various cantos spanning all the 12 Books of the epic poem. Some representative themes/chapters are: Human Aspiration, Divine Grace, The Problem of Pain and Suffering, The Meeting of Savitri and Satyavan, The Silence of the Mind, The Death of Satyavan, The Debate with Death etc.

The author will write commentaries inspired by the selected lines from different cantos in order to bring out the specific theme being expressed through those lines. To help the reader get into the spirit of the poem, the author's commentaries will be interwoven with the lines from the poem. To illustrate and explain the lines the author will also cite quotes

from numerous other works of eminent thinkers, poets and philosophers as well as from religious/spiritual texts, stories and parables. This will help bring clarity and richness to the content. To understand and get a taste of Savitri, that is the key objective of this book project.

SECTION 6: AWARDS AND HONOURS

1. Shri A.B. Patel Memorial Lecture, 2026

- Delivered by Dr. Beloo Mehra on February 17, 2026 at Gujarat at the invitation of Sri Aurobindo Chair of Integral Studies, Sardar Patel University
- Lecture title: वन्दे मातरम्: Sri Aurobindo's Vision and Work for the Resurgence of Bhārat

2. K. R. Srinivasa Iyengar Memorial Lecture, 2025

- Delivered by Dr. Beloo Mehra on April 17, 2025 at the invitation of Sri Aurobindo Society, Chennai
- Lecture title: Sita's Initiation: Glimpses From 'Sitayana, Epic of the Earth-Born'

SECTION 7: ITEMS CHECKLIST

(based on S&T National Survey digital form): *Please populate the fields relevant to you. Add '0' when not applicable.*

Items completed	Number (2025-26)
1. New products developed:	1. PUBLISHED 15 ISSUES OF ONLINE PERIODICALS. Renaissance Monthly (9 ISSUES, including 3 double issues) https://renaissance.aurosociety.org/ Renaissance Redux Quarterly (4 ISSUES - ATTACHED) https://renaissance.aurosociety.org/renaissance-redux/ The Best of Sri Aurobindo Circle – Semi-annually (2 ISSUES - ATTACHED) https://bharatshakti.aurosociety.org/the-best-of-sri-aurobindo-circle/ Total no. of articles in <i>Renaissance</i> Monthly from April 2025-March 2026 = 104 2. FOUR Poster-exhibitions researched, curated and designed. (Total posters = 200)

	3. Blogs = 33 6. Social media posters with selected quotes from Sri Aurobindo and the Mother – 700+ 7. About 100 reels for social media. 8. Designed 10 virtual flipbooks circulated through newsletters, website and social media. 9. Podcasts - 9 (including 7 by Beloo Mehra, 1 by Narendra Murty, 1 by Guest Speaker) 10. Flipbooks (10) featuring selected quotes from Sri Aurobindo and the Mother on specific topics were published on Sri Aurobindo Society website. 11. 95 videos were prepared of various programmes conducted by BhāratShakti and published on YouTube (74 on BhāratShakti's channel and 21 on Sri Aurobindo Society's channel).
3. Papers published in national journals:	11 (ATTACHED)
4. Papers published in international journals:	1
5. Books published:	3

7. Non-technical reports/blogs/articles published:	33
8. Papers presented in National conferences/seminars/symposia, etc.:	17
9. Papers presented in International conferences/seminars/symposia, etc.:	5

ANNEXURES

Copies of Published Articles by Beloo Mehra

Copies of Curated Periodicals by BhāratShakti