

YOGA in EVERYDAY LIFE

A RESIDENTIAL RETREAT TO EXPLORE AND REFLECT

Talks, discussions, silent contemplations amidst beautiful, serene natural surroundings



BHARATSHAKT

AST DAWNS TO POTOTOL

SCAN TO REGISTER Limited seats!

> "Whatever may be done by other world-shunning or heaven-seeking disciplines, this is the difficult but unavoidable task of the integral Yoga; it cannot afford to leave unsolved the problem of the outward works of Life, it must find in them their native Divinity and ally it firmly and for ever to the divinities of Love and Knowledge."

> > ~ Sri Aurobindo

VENUE

Sri Aurobindo Dhama Sangama- Mekedatu Kanakapura Taluk, Ramanagara Dist. Karnataka - 562117

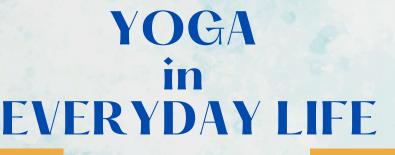
DECEMBER 27-29, 2024

Registration mandatory <u>https://bit.ly/48aoZIH</u>

Contact:

On the banks of Cauvery river, nestled amidst green forests Jogesh - sriaurobindodhama@gmail.com/ 9480870091 Beloo - beloo.mehra@aurosociety.org/9786457648







RESIDENTIAL RETREAT AT SRI AUROBINDO DHAMA

Let us grow together as we explore in the light of Sri Aurobindo these topics:

- Human Relations & Self-growth
- Right Attitude towards Money
- Yogic Approach to Work
- Growing Wise with Humour

Chanting/Savitri Reading

Presentations

Q & A and Discussions

Creative Games

Reflections and Contemplation

Group Work



FACILITATORS

- Beloo Mehra
- Narendra Murty
- Biswajita Mohapatra
 - Runalika Roy

DECEMBER 27-29, 2024

START: FRIDAY, 27, 7:00 PM CLOSE: SUNDAY, 29, 1:30 PM

Contact:





SCAN TO REGISTER



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